



# 1st Annual Trail Run 4 Life

## October 12, 2013

### Discovery Hill, Salmon, Idaho

**Last Name**

**First Name**

**Mailing Address**

**City**

**State**

**Zip Code**

**Email Address**

**Age**

**Male**

**Female**

**Shirt Size**

Race Registration can be done online by going to [pregnancyoptionsofsalmon@hotmail.com](mailto:pregnancyoptionsofsalmon@hotmail.com), click on the events page.

Registration through September 30, 2013 is \$25 and includes a t-shirt.

From October 1-race day, registration is \$30. T-shirt size cannot be guaranteed after October 5.

You can also print form, and mail with check payable to:

Pregnancy Options of Salmon

P. O. Box 704

Salmon, ID 83467

Race packet pick up and same day registration will begin at 8:00 a.m., October 12, 2013.

Course is under 6 miles and is challenging. Walkers are welcome. There will be two water stations on race course. We are working on making a course map available. Keep checking the web site.

If you have questions, call 208-993-0344.