

SATURDAY, SEPTEMBER 1, 2018



COURSE: The course is a 5K loop and is run twice for the 10K race. The races are on paved roads entering the woods for a short distance. This is a beautiful shady course with rolling hills and is certified by USATF.

LOCATION: Monte Sano State Park - Lodge

DIRECTIONS: Take Hwy. 431 to top of hill - follow signs to the park (Nolen Ave.)

RACE DAY REGISTRATION AND PACKET PICK UP:

begins at 6:30 a.m. at the amphitheater Monte Sano State Park (behind the Lodge)

- 10K.....8:00
- 5K.....9:30
- 1 Mile Fun Run 10:30
- Awards Ceremony 10:45

PACKET PICK UP

Registration taken and pre-registered runners can pick up their race packets on
FRIDAY, AUG. 31, 12:00 P.M. - 6:00 P.M. AT

FLEET FEET
HUNTSVILLE

2722 Carl T. Jones Huntsville, AL 256-650-7063 or on race day at the amphitheater

REFRESHMENTS:

Fruits, sweets, pizza, and coke products will be provided by Coca-Cola, Publix and Domino's.

SPECIAL AWARDS to runners 70+ from Moe's Southwest Grill.

AWARDS: 5K /10K and over all awards Compliments of Fleet Feet

Awards to top three finishers. Ribbons to ALL finishers of 1 Mile Run Fun.

Door Prizes given away during awards.



DINNER FOR TWO
at

OUTBACK
STEAKHOUSE®

HAIR CUT FROM
Salon Allure

GIFT CARD FROM
FLEET FEET

will be awarded to the
overall male & female & master's winners.

ENTRY FEE

- \$15** on or before August 25 to run (1) one race or **\$20 to run both** the 10k and 5k races.
 - \$25** to run one or both races after August 25 or on race day.
 - *****FUN RUN \$3.00** (no shirt included)***
- For more info: Email: bethmsrr@gmail.net 256-658-1162

View the course at huntsvilletrackclub.org

OFFICIAL ENTRY FORM

MUST BE POSTMARKED BY AUGUST 25

Register Online: <https://runsignup.com/Race/AL/Huntsville/MonteSanoRoadRaces>
Make checks payable to: Huntsville Track Club
Mail to: 1304 Hearthwood Circle, Huntsville, AL 35803

FOR OFFICIAL USE ONLY

RACE # _____

Entry Fee: On or before Aug. 25, \$15 for one race or \$20 for both races (FUN RUN \$3.00), \$25 to run one or both races after August 25 or on race day.

Name _____ Sex: M F (circle) Race: 10K 5K 1 mile

Address _____

City _____ State _____ Zip _____ **T-SHIRT SIZES** (circle your size) S M L XL XXL

Age _____ Birthday _____ / _____ / _____ Phone _____

Waiver and Release: I, individually, (and/or as parent, and/or guardian of the named minor) for and in consideration of acceptance of this entry in the aforementioned event, do hereby release, remise, waive, and forever discharge the Road Runners Club of America, Huntsville Track Club and any and all other supporting groups of this said racing event, together with all their officers, agents, officials and employees, from any and all liability, claims, demands, actions, or causes of action whatsoever arising out of, or relating to any injury, illness, loss, or damage, including death, relating to participation in the aforesaid event. I further state I am in proper physical condition to participate in this event. In addition, I agree that my participation in this event requires that I will not participate with roller blades, baby joggers, skateboards, animals, headphones, or anything which the race director deems dangerous to myself or other participants and that the race director may remove me from this event for a violation of said policy. I further grant permission to this race and the organization conducting the race and/or agents authorized by them to use any photographs, videotapes, motion picture, recordings and any other record of this event for any purpose. I also agree that if the event is cancelled for any reason that all entry fees are non-refundable.

SIGNATURE _____ DATE _____

(Must be signed by parent or guardian if under age 19)