

## Farm Fresh 5K 2017 Entry Fees

Children 12 and under: \$15.00 Pre-Registration (before May 26): \$25.00 May 26th - Race Day: \$30.00

Name:			
Team Name (if applicable):			
Address:			
E(1.			
Email:			
Phone No.:			
Sex: M F Age:			
Shirt Size: S M L XL XXL			
T-shirts are <u>limited</u> so register early!			
Additional donation (optional):			

In submitting this entry, I, intending to be legally bound for myself, my heirs, executors, and administrators, waive, release and forever discharge any and all rights and claims for damages I have or may have against the organizers of this event, Shepherd's Corner, the event principals, its employees, its volunteers, all sponsors and their representatives for any and all claims and damages, demands actions whatsoever in any manner, as a result of my participation in the Farm Fresh 5K, including travel to and from the event. I hereby consent to medical treatment in the event of injury, accident and/or illness during the event. I hereby grant full permission to any and all of the foregoing to use my name and likeness in any broadcast, telecast, video or print media reporting or advertising of the event without compensation.

If you are un form.	der 18, a parent or legal guardian must sign this
Signature <sub>-</sub>	
Date	_//
Signature	

(Parent or guardian signature if under 18)



Make Checks Payable To: **Shepherd's Corner** 

987 North Waggoner Road Blacklick, OH 43004

# team up/

You can increase your impact by forming a team:

- Ask friends to run on your team\*
- Ask friends to donate to your team
  - Spread the word!

Prize awarded to team captain that raises the most money!

If you would like to set up a team please contact Marguerite Chandler, OP at mcop1213@gmail.com. Team captains do not need to be runners.

Please tear off and mail us this form if you would like to support a team. Or visit our website to make an online donation.

\*Please note: if you intend to run/walk in the 5K, please fill out the registration form. This form is only for team members not running/walking.

Name:	
Donation enclosed:	
In support of (team na	



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Blacklick, OH 43004



# Saturday June 10, 2017 Race starts at 9:00 a.m.

Proceeds will benefit the Feed the Hungry **Natural Gardens** at Shepherd's Corner

Race will be timed using the **IPICO** Sports Timing system by Speedy Sneakers





All -Terrain Run/Walk

This all-terrain race will offer a course that surveys the diverse landscape of Shepherd's Corner Ecology Center. Run alongside natural gardens, across meadow trails, and through wooded paths.

# **Feed the Hungry**

Over the past eight years, Shepherd's Corner has donated 22,000 pounds of naturally grown produce to local food pantries. We are committed to donating 60-65% of our harvest to feed the hungry in our community. Participating in the **Farm**Fresh 5K makes you a partner in this life sustaining effort.

Saturday, June 10, 2017 Race starts at 9:00 a.m.

We love dogs but because of our livestock, we don't permit dogs on the property.

For more information visit our website: www.shepherdscorner.org/5k

## **How to register**

- Online at www.shepherdscorner.org/5k
- Or: Mail us the form on the back of this flyer

## **Race Day**

Participants can pick up pre-race packets, from the registration table, at Shepherds Corner beginning at 8:00 a.m.

Race starts at 9:00 a.m.

#### **Directions**

Shepherd's Corner is located one mile north of East Broad St. on Waggoner Rd. in Blacklick, Ohio. Travel on Broad St. to Waggoner Rd, (3 miles east of I-270), turn north on N. Waggoner Rd (1 mile), turn left into our driveway (across from Kennedy Rd).

The address is:
987 North Waggoner Road
Blacklick. Ohio 43004

It's the big white barn!







All -Terrain Run/Walk

# **About Shepherd's Corner**

Shepherd's Corner is an ecological ministry supported by the Dominican Sisters of Peace, offering a wide array of agricultural, educational, and spiritual opportunities. It is a 160-acre sanctuary surrounded by suburban sprawl. In the midst of diminishing farmland and wilderness, Shepherd's Corner seeks to provide a place in which people of all backgrounds can reconnect with the natural environment, themselves, one another, and the Creator who made them all.



Like the Farm Fresh 5K page on Facebook for updates!

Contact us at **(614) 866-4302** 

farmfresh5k@gmail.com

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