

OCEAN TO SOUND RELAY
SEPTEMBER 22, 2019
SUPPORT VEHICLE INSTRUCTIONS

LEG 1

START: JONES BEACH STATE PARK FIELD #2

FINISH: CEDAR CREEK PARK (SEAFORD)

The runners proceed thru Jones Beach State Park. The first access to runners by support vehicles is approximately 1.75 miles into the race along the northbound Wantagh Parkway. Similar access is available for the entire length of the northbound Wantagh Parkway until runners reach Cedar Creek Park at about 5.8 miles.

The northbound Wantagh Parkway is a 2-lane parkway with a third lane on the right which is stripped. Although, stopping in this area is illegal, support vehicles for the race have stopped here without incident for many years. We would expect similar police reaction this year but we can guarantee it.

While runners enter Cedar Creek Park directly from the bicycle path, support vehicles must continue on the Wantagh Parkway approximately 1/3 mile and exit at Merrick Road (exit W6). Turn right and proceed east approximately 1/4 mile to entrance to Cedar Creek Park. Turn right at entrance and proceed on Cedar Creek Drive to parking lots 3 or 4 which are nearest the end of leg 1.

LEG 2

START: CEDAR CREEK PARK (SEAFORD)

FINISH: WALKER STREET MASSAPEQUA PRESERVE (NORTH MASSAPEQUA)

In order to avoid potential gridlock at the end of leg 2, support vehicles may or may not be allowed to enter the Preserve. This decision will be made based on traffic conditions and the use of the park by others. If your vehicle is denied access, make a right onto Walker Street and park at any available spot. The leg 3 runner should enter the park with a team member escort. When the leg 2 runner completes his or her run, they can walk back to the vehicle. This will result in a minimum of confusion and delay.

Last year support vehicles reported being directed to a different part of the Massapequa Preserve when using a GPS mapping system in their car. Entering "Massapequa Preserve, North Massapequa", "Mansfield Park, Walker Street, Massapequa Park", and "1 Walker Street Massapequa Park" on Google Maps will all direct you to the Walker Street entrance to the Park which is the correct location. For those using WAZE, use "Mansfield Park, Walker Street, Massapequa Park", and "1 Walker Street Massapequa Park" to locate the correct entrance. Using "Massapequa Preserve" on WAZE will not bring you to the Walker Street entrance.

LEG 3

START: WALKER STREET MASSAPEQUA PRESERVE (NORTH MASSAPEQUA)

FINISH: OLD BETHPAGE ELEMENTARY SCHOOL (OLD BETHPAGE)

Runners follow the bike path thru Massapequa Preserve. The first access to runners by support vehicles is approximately 1.3 miles into the leg along the northbound Bethpage Parkway. Support vehicles exit the parking lot via Walker Street, turn left onto Lake Shore Boulevard, turn left onto N. Linden Street, and turn right onto the Bethpage State Parkway. If parked on Walker Street, support vehicles can return to Lake Shore Boulevard and turn right or proceed straight on Walker Street, turn left at Roosevelt Avenue or Oakdale Avenue, proceed straight to N. Linden Street where they would make a left turn.

Support vehicles that stop on the Bethpage Parkway must completely pull onto the grass. Stopping may be illegal but Police have not enforced the violation. We would expect similar police reaction this year but we can not guarantee it. Runners leave the Parkway at 3.0 miles.

LEG 4

START: OLD BETHPAGE ELEMENTARY SCHOOL (OLD BETHPAGE)
FINISH: LIRR COLD SPRING HARBOR TRAIN STATION PARKING LOT

Between miles 1.0 and 1.5 runners will be running west on Old Country Road. Old Country Road is a 2-lane (each direction) road with no breakdown lanes. Support vehicles can not stop to provide support in this area.

LEG 5

START: LIRR COLD SPRING HARBOR TRAIN STATION PARKING LOT
FINISH: MILL DAM BOAT DOCK (HUNTINGTON)

Support vehicles may park anywhere in the parking lot except for the first row as this will be used for the runners..

LEG 6

START: MILL DAM BOAT DOCK (HUNTINGTON)
FINISH: FIELD-WEST SIDE OF SHORE ROAD & SPRING STREET (COLD SPRING HARBOR)

Support vehicles should use street parking anywhere on the south side of Mill Dam Road. Support vehicles should NOT park on the north side (bay side) of Mill Dam Road near the boat docks as these spots are reserved for boat owners. Failure to comply may result in being ticketed.

LEG 7

START: FIELD-WEST SIDE OF SHORE ROAD & SPRING STREET (COLD SPRING HARBOR)
FINISH: BROOKVILLE REFORMED CHURCH (MUTTONTOWN)

Runners will be running west in the breakdown lane of eastbound Route 25A. Support vehicles will be on the westbound Route 25A roadway. Team members will need to cross Route 25A to provide support. Use caution in crossing Route 25A.

The Brookville Reformed Church has two driveway entrances. Runners will be using the first driveway to both enter and leave the checkpoint. Support vehicles will use the second driveway for entry to the Church parking lot. The Church has limited parking so support vehicles are requested to exit the Church parking area as soon as practical after their runner completes leg 7.

LEG 8

START: BROOKVILLE REFORMED CHURCH (MUTTONTOWN)
FINISH: LIRR OYSTER BAY TRAIN STATION PARKING LOT (OYSTER BAY)

Brookville Road and Muttontown Road are narrow 1-lane (each direction) roads with limited breakdown areas. We suggest you do not stop to provide support until runners turn left onto Route 106 at 2.31 miles.

Runners will be running north either on the sidewalk or the breakdown lane of the southbound Route 106. Support vehicles will be on the northbound Route 106 roadway. Team members will need to cross Route 106 to provide support. Use caution in crossing Route 106.