

UJA-FEDERATION OF NEW YORK

# RACE AGAINST POVERTY

SUNDAY, SEPTEMBER 19, 2021

Walk/Run - 8:30 AM

Aqua Run & Relay - 8:30 AM

3-MILE WALK/RUN

AQUA RUN

2-PERSON AQUA RUN RELAY



Joseph Saladino  
Town Supervisor

Town of Oyster Bay's  
TOBAY Beach  
Massapequa, New York

Join us for a morning of fun and fitness...  
featuring an 800 Meter swim in South Oyster  
Bay, followed by an eclectic 3-Mile Run to and  
through the TOBAY Beach Bird and Game  
Preserve and 3-Mile Walk/Run Option!

## RACE AGAINST POVERTY ENTRY FEES

Through August 10:

Aqua Run-\$45 | Relay-\$55 | Walk/Run only-\$25

August 11 - September 18:

Aqua Run-\$55 | Relay-\$70 | Walk/Run only-\$35

Day of Race:

Aqua run-\$65 | Relay-\$75 | Walk/Run only-\$40

Walk/Run limited to first 200 participants

## REGISTER ONLINE at [www.glirc.org](http://www.glirc.org)

Online registration closes Saturday, Sep. 18<sup>th</sup> at  
12:00 noon (or once event reaches capacity)

## REGISTER BY MAIL

Download printable application at [www.glirc.org](http://www.glirc.org)  
or call the GLIRC office at (516) 349-7646

Aqua Run may be limited to 300 entrants so  
please register early to avoid being shut out!  
Entries for Walk/Run are limited to the first  
200 participants.

## AMENITIES

- Top quality "technical" shirts to all entrants
- Outstanding post-race refreshments,
- Giant post-race door prize drawing - lots of prizes! You must be present to win.

## CHECK IN

FRI., Sep. 17 - 4:00 to 6:00pm Runner's Edge

SUN., Sep. 19 - 6:45 to 8:00am TOBAY Beach

Timing chips for aquarun & relay will only be  
available for pickup Sunday morning!

**NO CHECK IN AFTER 8:00 AM ON RACE DAY!**

## TIMING AND RESULTS

Scoring and timing by SRC Timing Services.  
Results posted at [ujafedny.org/aquarun2021](http://ujafedny.org/aquarun2021),  
and [glirc.org](http://glirc.org).

## DIRECTIONS

From Nassau County: Wantagh Parkway to  
the end at the traffic circle by the Jones  
Beach water tower. Take Ocean Pkwy EAST  
to TOBAY Beach on the left side of the Pkwy  
(4 miles EAST of the Jones Beach water  
tower on Ocean Pkwy)

From eastern and central Suffolk County:  
Sagtikos Parkway south and follow signs to  
the Robert Moses Causeway south towards  
Fire Island. After the drawbridge, exit off to  
the Ocean Parkway west. Follow Ocean  
Parkway west to TOBAY Beach.

## AQUA RUN INDIVIDUAL AWARDS

Gift Cards to Top 3 Male & Female Overall  
and Top 3 Male & Female Masters

Awards to Top 3 males and females in the  
following age groups: 13-15, 16-19, 20-24,  
25-29, 30-34, 35-39, 40-44, 45-49, 50-54,  
55-59, 60-64, 65-69, 70-74, 75-79, 80 & over



## AQUA RUN RELAY TEAM AWARDS

Awards to Top 3 Male, Top 3 Female and  
Top 3 Coed Teams Overall

Awards to Top 3 Family teams (Family  
team can only include parent(s), spouses,  
immediate children, and/or siblings)

## 3-MILE WALK/RUN AWARDS

Awards to 1<sup>st</sup> Male & 1<sup>st</sup> Female Overall  
and Top 3 males & females in age  
groups: 14 & under, 15-19, 20-29, 30-39,  
40-49, 50-59, 60-69, 70-79, 80 & over

## CORPORATE "CHALLENGE" AWARDS

Awards to the company with the most  
participants, the company that raises  
the most funds and for the top  
individual male and individual female  
Aqua Run athlete on a Corporate Team  
(competing individually for a corporate  
entity, not on a relay).

## RULES - AQUA RUN

You must be at least 13 years old to  
compete. You must wear the swim cap  
that we provide. No flotation devices of  
any kind permitted.

The race is an 800 meter swim in South  
Oyster Bay and a 3-Mile run through the  
TOBAY Bird & Game Preserve. Please  
follow all directions from the lifeguards  
or event staff. Safety is our primary  
concern and we need your help to  
assure that everyone is safe. Participants  
must practice good sportsmanship and  
be courteous to other participants and  
event staff at all times.

## FOR MORE INFORMATION CONTACT:

Mindy Davidson at (516) 359-9409 or  
[mindy@glirc.org](mailto:mindy@glirc.org), Greater Long Island  
Running Club at (516) 349-7646, or  
Adam Wolfthal at 516-762-5857 or  
[wolfthala@ujafedny.org](mailto:wolfthala@ujafedny.org)

PROCEEDS BENEFIT UJA-Federation  
of New York's local poverty initiatives

JOIN THE CHALLENGE - Race against poverty! Register to become philanthropic and fit!  
To set up a Personal Fundraising Page visit [donation.ujafedny.org/race-against-poverty](http://donation.ujafedny.org/race-against-poverty)