The 44th Annual Dick Bessel Independence Day Run

Grand Island, New York

Thursday, July 4th Kids Race: 9:00 AM

2.3 Mile Race / Walk: 9:15 am

Event Sanctioned by USATF

Course Certified to be accurate by USATF

NY12035JG



Race Registration, finish line and timing: Score This!!!

For more information: Call the Recreation Department at (716) 773-9680

On-line registration available: score-this.com







Detach here → ------

ENTRY FORM 2019

*** No rollerblades, bikes, animals, or strollers***
NO TELEPHONE ENTRIES

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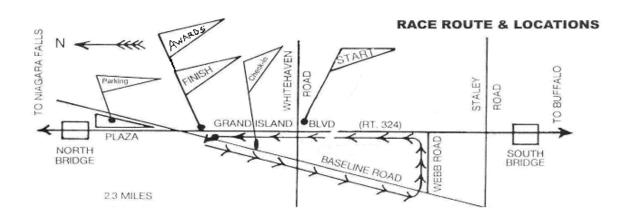
Independence Day Road Race WAIVER:

I acknowledge that running/walking is a potentially hazardous activity and I assume all risks associated with running/walking in this event including, but not limited to: falls, contact with other participants, the conditions of the course, all such risks being known and appreciated by me. In consideration of your accepting my entry, I, for myself and anyone who asserts a claim on my behalf, hereby waive and release any and all rights and claims for damages and causes for suits or action, known and unknown, that I may have against the Town of Grand Island, the Town of Grand Island Department of Recreation, and any and all participating supporters and sponsors and the directors, officers, employees, volunteers and agents of such parties ("Releasees"), for any injuries or losses arising from or related to my participating in this event, even though that liability may arise out of negligence or carelessness on the part of the persons and entities named in this waiver. I further agree to indemnify and hold harmless the Releasees against any such claim that I, or anyone on my behalf, may have or assert and against any cost including attorney's fees with respect thereto. I grant permission to all the foregoing to use any name, likeness, and identity in any photographs, motion pictures, recordings, or any other record of this event in perpetuity, throughout the world, in any media now known or developed later for any legitimate purpose.

Signature	Date
Signature of Parent/Guardian if under 18	

Important Information

Race and results conducted by the Grand Island Recreation Department & Score This!!!



This is a ChampionChip timed race. You will be issued a timing chip at registration / packet pickup on the morning of the race.

Awards - No duplication:

Run 2.3 Miles

Overall Male / Female

Top Masters Male/Female (40 & over)

Top Juniors Male/Female (19 & under)

Top 3 in each Age Group:

9 & under, 10-12, 13-15, 16-18, 19-24, 25-29, 30-34,

35-39, 40-44, 45-49, 50-54, 55-59, 60-69, 70-74,

75-79, 80-84, 85 and over

"Kids Race"

314 meters, official starting line to Reviewing stand. All finishers receive a medal

Race Walk 2.3 Miles

Overall Male / Female

Top 3 Male/Female Divisions

Competitive race walk rules apply:

- 1) The walker must not lose contact with the ground that can be seen by the human eve.
- 2) The supporting leg must be straight from the moment of impact until the leg passes under the body

Awards will be at the Finish Line Area at 10:00 AM. (Look for the Town van)

Kids race: Ages 4-9 only. No entry under 4 years of age will be accepted. Distance is 314 meters. 9:00 AM start at official starting line in front of Tops Market. Entry form is required.

Registration / Check in: Check-in area is at Town Hall, which will open at 7:00 AM. The kids race will start at 9:00 a.m. and the adult run will start at 9:15 a.m., rain or shine. ALL registration/sign-in will stop at 8:45 AM

Parking: Parking is available in the Grand Island Plaza parking lot on Grand Island Blvd. The parade will follow the races. If you park on the parade route you may not be able to leave until the parade is finished.

4th Anniversary



Jim Dunlop (10:16.7) Nancy Mieszczak (12:14.8)

<u>Masters:</u>

Bob Carroll (11:03) Margarita Ekiss (13:18)

Joe Dunlop (10:25) Marjorie Bessel (12:22.2)

Race Walk:

Allen James (15:26) Cheryl Rellinger (18:40)