



United Way
of Greater Philadelphia
and Southern New Jersey
in Cumberland County

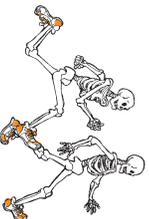
HALLOWEEN BONE RUN & Walk



SATURDAY, OCTOBER 19, 2013
PARVIN STATE PARK
PITTSBORO, NJ 08318

United Way of Greater Philadelphia
and Southern New Jersey
in Cumberland County
629 E. Wood Street Suite 301
Vineland, NJ 08360

HALLOWEEN



BONE RUN & Walk

www.runsignup.com/bonerun

United Way of Greater Philadelphia and Southern New Jersey Bone Run & Walk 2013 Entry Form

Name: _____ Address: _____
 City: _____ State: _____ Zip: _____
 Phone: _____
 Race Day Age: _____ Sex: M F T-shirt Size: S M L XL 2XL
 E-mail: _____

Event:
 5K Run
 1- to 3-Mile Walk

Entry Fees:
 \$25.00 early registration
 (\$30.00 day of the event)
 \$20.00 walker donation
 Make checks payable to:
 United Way

Mail check and entry form to:
 United Way of Greater Philadelphia
 and Southern New Jersey
 in Cumberland County
 629 E. Wood Street Suite 301
 Vineland, NJ 08360

LIVE UNITED
 United Way

Register Online: www.runsignup.com/bonerun

WAIVER AND RELEASE OF ALL CLAIMS

As a participant in this event, I recognize and acknowledge that there are certain risks of physical injury and I agree to assume the full risk of any injuries, damages or loss which I may sustain as a result of participating in any and all activities connected with or associated with such event.

I agree to waive and relinquish all claims I may have as a result of participating in the event against United Way of Greater Philadelphia and Southern New Jersey.

I do hereby fully release and discharge United Way of Greater Philadelphia and Southern New Jersey and its officers, agents, servants and employees from any claims from injuries, damage or loss which I may have or which may accrue to me arising out of, connected with, or in any way associated with the activities of the event.

I further agree to indemnify and hold harmless and defend United Way of Greater Philadelphia and Southern New Jersey and its officers, agents, servants and employees from any and all claims resulting from injuries, damages and losses sustained by me arising out of, connected with, or in any way associated with the activities of the event.

I have read and fully understand the above event details and Waiver and Release of All Claims.

Signature: _____ Date: _____
 (parent if under 18 years of age)

2013 Halloween **Bone Run & Walk** to support United Way's work to improve education, income and health in Cumberland County

Proceeds benefit
United Way
of Greater Philadelphia
and Southern New Jersey
in Cumberland County



The **Bone Run & Walk** is a fun, healthy way to support the work of United Way in Cumberland County. The event features a 5k run and 1- to 3-mile walk, and a family-friendly community fair.

Saturday, October 19, 2013
Parvin State Park

Event Schedule

9 a.m. **5k Run** (*NO baby joggers*)
1- to 3-Mile Walk

8 a.m.-11 a.m. **Family-Friendly Fall Festival**

Race and walk begin at the Parvin Lake beach area.

Rain or shine!

Registration

Registration begins at 7 a.m.

Register online: www.runsignup.com/bonerun

Entry Fees

\$25.00 early registration for runners
(\$30.00 day of the event)

\$20.00 walker donation

Amenities

- CASH PRIZES for first through fifth places (\$250, \$100, \$75, \$50, \$25)
- Commemorative T-shirt for first 200 preregistered runners
- Costume contest for children and runners
- Family-friendly fall festival with moon bounce, face painting, balloon animals and more!

Walkers

Bring friends and family members to our noncompetitive 1- to 3-mile 'fit and fun' walk. Choose your own distance. You may begin any time between 9 and 10 a.m.

Get your family and friends to cheer you on by sponsoring your walk. It is not mandatory to participate but is a great way to support United Way in Cumberland County. Envelopes are available by calling 856-205-1800 or emailing jmartine@uwgpsnj.org. Walkers should collect and submit contributions before the race at the registration table.

Location

Parvin State Park
701 Almond Road
Pittsgrove, NJ 08318

Parvin State Park is a beautiful park with a multitude of trails for the nature enthusiast. Its 5k races are run on a serene, wooded trail that wraps around Parvin Lake and is USA Track & Field certified.

For More Information

Alice Woods, Executive Director,
UWGPSNJ in Cumberland County
856-205-1800 / awoods@uwgpsnj.org

Jackie Martine
856-205-1800 / jmartine@uwgpsnj.org

Your Impact

Creating Opportunities for a Better Life in Cumberland County

United Way is your local partner to drive measurable, lasting impact that none of us can achieve alone. Our investments improve Education, Income and Health — the building blocks to a better quality of life.

When you support United Way, you join a collective approach to addressing the critical issues facing our communities. You help families like the Millers, who live right here in Cumberland County:

For the Millers, owning a home was a dream. Their rental was unsafe and they wanted to move. In 2012, the Millers realized their dream of home ownership through Habitat for Humanity's Home Building Program, which is funded through United Way's Impact Fund and helps local families purchase homes through innovative financing options. They now are the proud owners of a safe, new, affordable home, putting them on a path to achieve greater financial stability.

"Owning a home was our dream, and sometimes we didn't know if we could achieve it. We're grateful we now not only own our own home, but paid down debt and started saving for the future. United Way and Habitat for Humanity did something great for my family, so now we look for what can we do for others."

— Angel Miller, homeowner



For more information, visit
www.UnitedForImpact.org/cumberland