

SATURDAY, APRIL 22ND AT 10 AM **1ST ANNUAL DEERS HEAD MILE RACE**(BECAUSE WHO WOULD RUN A 1K?)

START WILL BE IN FRONT OF THE ELIZABETHTOWN SCHOOL AND GO NORTH ON COURT STREET, RIGHT AT THE UCC STONE CHURCH AND COME AROUND HAND AVE, THE THRIFT STORE AND BACK ON COURT STREET WITH A FINISH IN FRONT OF THE DEERS HEAD RESTAURANT. VIEW THE COURSE ON GOOGLE MAPS AT https://goo.gl/p68NDd

COURSE IS **USATF** CERTIFIED MILE AND WILL HAVE ELECTRONIC TIMING AND **USATF** SANCTIONED

ENTRY FEE WILL BE \$14.50 WITH ONLINE SIGN UP FEE INCLUDED; (IN ORDER TO KEEP THE PRICE DOWN WE WILL HAVE NO FREE TEE SHIRT THAT YOU WILL HARDLY EVER WEAR); AGE GROUP PRIZES WILL INCLUDE GIFT CERTIFICATES TO THE BEST POSSIBLE PLACE WE COULD FIND TO EAT IN ELIZABETHTOWN

REGISTRATION IS AVAILABLE AT http://www.adirondackcoastevents.com SAME DAY REGISTRATION WILL BE AVAILABLE STARTING AT 8:30 A.M.

ANY PROCEEDS WILL GO TO THE LOCAL ELIZABETHTOWN FOOD BANK. FEEL FREE TO BRING A CANNED GOOD TO DONATE ALSO.