

# Run 2 Feed Fun Run/Walk 5K

To benefit the Tioga County Anti-hunger Task Force May 21, 2017

Dog Parade: Noon / Kids' Run: 1:00 pm / 5K: 2:00 pm

#### **Entry Fee:**

Fun Run/Walk 5K \$25 Kids' Run/Walk \$10

Dog Parade \$5 or a bag of dried dog food

Medals will be awarded for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place in the women and men's categories. The Kids' Run/Walk will be a short loop and medals will be awarded for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place in girls and boys categories. Dogs are encouraged to dress up. A prize will be awarded for "Best Dressed Dog." Learn more about the TC Anti-Hunger Task Force, ODOG, Rotary and enjoy food vendors, basket raffles and a DJ.

## Registration:

To pre-register, sign up online at <a href="www.runsignup.com">www.runsignup.com</a> or bring this registration form and payment to Tom Ash Insurance Agency during normal business hours. Pre-registration ends on Friday, May 19, 2017 at noon. Race day registration will open at 11:30 am and close 10 minutes before each event.

## Giveaways:

Participants will receive free water and snacks. Participants who register by April 24<sup>th</sup> will be guaranteed a free t-shirt. After April 24<sup>th</sup>, supplies and sizes will be limited. T-Shirts may be available the day of the race depending on supplies.

#### **Benefit:**

All proceed will benefit the Tioga County Anti-Hunger Task Force.

Last Name:
First Name:
Age: Race: 5K Fun Run Kids Fun Run Dog Parade
Email:
Phone:
Payment Amount: Cash Check
In consideration of you accepting this entry, I, the participant, intending to be legally bound and hereby waive or release any and all right and claims for damages or injuries that I may have against the Town of Owego, Owego Rotary, Tioga Opportunities and Owego Dog Owners Group (and all of their agents assisting with the event including volunteers), vendors, organizers or successors, RunSignup.com, sponsors and their representatives and employees for any and all injuries to me or my personal property. This release includes all injuries and/or damages suffered by me before, during or after the event. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees. I also authorize the use of photographs or videos that include my image for promotional, informational, or other reasons deemed to be in the best interest of the event.
I know that running a road race is a potentially hazardous activity. I agree I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to, falls, contact with other participants, the effects of the weather, including but not limited to high heat or humidity, traffic and conditions of the road, all such risks being known and appreciated to me. Having read the waiver and knowing these facts and in consideration of you accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release the Town of Owego, Owego Rotary, Tioga Opportunities, Owego Dog Owners Group and all sponsors, volunteers and vendors of this event, organizers or successors from all claims or liabilities of any kind arising out of my participation in this event.
I certify as a material condition to my being permitted to enter this race that I am physically fit and sufficiently trained for the completion of this event and that my physical condition has been verified by a licensed Medical Doctor. I certify as a material condition to my child under 18 being permitted to enter this race that my child is physically fit and sufficiently trained for the completion of this event and that my child's physical condition has been verified by a licensed Medical Doctor. By submitting this entry, I acknowledge having read and agreed to the above waiver. If I am the parent or legal guardian of a child under the age of 18 submitting this entry on their behalf, I acknowledge having read and agreed to the above waiver.
Signature of Participant
or Signature of Legal Guardian
Print Name