



Register online at www.fleetfeetmontgomery.com

On June 6th, select Fleet Feet Sports locations nationwide will hold a local 5K race. All results will funnel up into a national leaderboard to determine: *who is the fastest runner in the country?* But speed isn't the only thing that counts. We want to see the whole community participate because, seriously, running together rocks.

Registration Fees: Before May 20th: \$25;
May 21st to June 3rd: \$30;
After June 3rd: \$35.

Packet Pickup: Tuesday, June 5th at Fleet Feet Sports Montgomery from 3:30pm to 6:30pm

Race Day Registration: Wednesday, June 6th at Fleet Feet Sports Montgomery from 3:30pm to 5:00pm

Registration (please print)

Name:

First

Last

Address:

City:

State:

Zip:

Phone:

Email:

Gender: ☐ Male ☐ Female

Date of Birth:

____/____/____

Age on race day:

T-Shirt: ☐ Small ☐ Medium ☐ Large ☐ X-Large (Limited quantities so register early)

What shoe brand will you wear on race day?

Emergency Contact:

Emergency Contact Phone:

Please make checks payable to: Fleet Feet Sports Montgomery
ATTN: BIG RUN
2934 Carter Hill Road
Montgomery, AL 36106

In consideration of you accepting this entry, I, the participant, intending to be legally bound do hereby waive and forever release any and all right and claims for damages or injuries that I may have against the Event Director, RunSignUp.com, Fleet Feet Sports, JADSEC, LLC d/b/a Fleet Feet Sports Montgomery, Brooks Running, River Region Timing, and all of their agents assisting with the event, sponsors and their representatives, volunteers and employees for any and all injuries to me or my personal property. This release includes all injuries and/or damages suffered by me before, during or after the event. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees.

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able to do so and properly trained. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of weather, traffic, and course conditions, and waive any and all claims which I might have based on any of those and other risks typical found in running a road race. I acknowledge all such risks are known and understood by me. I agree to abide by all decisions of any race official relative to my ability to safely complete the run. I certify as a material condition to my being permitted to enter this race that I am physically fit and sufficiently trained for the completion of this event and that a licensed Medical Doctor has verified my physical condition.

In the event of an illness, injury or medical emergency arising during the event I hereby authorize and give my consent to the Event Director to secure from any accredited hospital, clinic and/ or physician any treatment deemed necessary for my immediate care. I agree that I will be fully responsible for payment of any and all medical services and treatment rendered to me including but not limited to medical transport, medications, treatment and hospitalization.

By submitting this entry, I acknowledge (or a parent or adult guardian for all children under 18 years) having read and agreed to the above release and waiver.

Further, I grant permission to all the foregoing to use my name, voice and images of myself in any photographs, motion pictures, results, publications or any other print, videographic or electronic recording of this event for legitimate purposes.

Signature:

Date:

Parent/Guardian Signature if under 18 years of age: