# **ADAMS WELLS CRISIS CENTER**

9<sup>™</sup> ANNUAL... RUN OVER VIOLENCE 5K

### WHEN

APRIL  $29^{\text{TH}}$ , 9:00 AM registration & Check in Starts at 7:30 AM

## WHERE

#### **ADAMS MEMORIAL HOSPITAL**

Begins & ends at hospital. The race follows the River Greenway Trail – We will register & give awards inside in the Decatur room!

Pre-registration Incentives: Register by April 14th to be entered to win a \$50 Gas Card

**Register online:** 

Runsignup.com	<b>Race Name: Run Over Violence</b>
Name:	
Email:	
Phone:	Birth Date:
Age:	Sex: Male/Female (circle one)
Shirt Size:	

Waiver and Release: The signing of this entry form and participation in the run over violence is with full knowledge of the risks involved there in and under-signer individually and/or as a parent/guardian assumes the risk of injury, sickness, or health defects including death, resulting from or received during participation in this race, and further releases and agrees to save harmless Adams Wells Crisis Center directors from any liability, damage, claim, or judgement that may result or arise from participation in this event

Signature/Signature of Guardian if under 18:

AFTER THE RACE
BREAKFAST CEREAL BAR
FOR ALL PARTICIPANTS
AFTER THE RACE! (INSIDE)

NOT A RACER? COME AND EAT FOR \$5

# **COST**:

\$20 PREREGISTERED \$25 RACE DAY NO SHIRT OPTION: \$12 PRE-REGISTERED \$15 RACE DAY

# **AWARDS**

WILL BE GIVEN TO TOP MALE AND FEMALE RUNNERS & TOP 2 WALKERS

AGE GROUPS: 14 & UNDER, 15-18, 19-29, 30-39, 40-49, 50-59, 60-69, 70+

THE RACE IS CHIP TIMED
3 WATER STATIONS
THIS RACE IS PART OF THE
ADAMS COUNTY 5K
WELLNESS CHALLENGE

MAIL FORMS TO: AWCC PO BOX 253 DECATUR, IN 46733 PH # (2601728-9800