

Lake Grapevine Runners and Walkers presents



**Saturday
October 5, 2013**

DOUBLE THE FUN!

Run/Walk One or Both Races

5K • 8:00 a.m.

10K • 8:50 a.m.

Registration Fees

LGRAW Member/ Student

\$20 Early Registration (expires 8/30)
\$25 General Registration (8/31 thru 9/30)
\$30 Onsite Packet Pick Up (10/3 and 10/4)
\$35 Race Day

Non-Member

\$25 Early Registration (expires 8/30)
\$30 General Registration (8/31 thru 9/30)
\$35 Onsite Packet Pick Up (10/3 and 10/4)
\$40 Race Day

Add \$5.00 to run **BOTH** the 5K **AND** 10K Races.

NOTE: Entry fees for one or both races qualifies for only one shirt.

The first 300 entrants receive a Double Trouble T-shirt. Register today!

Oak Grove Park • Grapevine, Texas

Register By mail

Mail your registration form to:
Lake Grapevine Runners and Walkers
P.O. Box 2982, Grapevine, TX 76099

Mail in registration must be postmarked
by Sept. 18, 2013.

Register In Person

Thursday & Friday, October 3 & 4
Luke's Locker – Colleyville
5505 Colleyville Blvd., Ste. 120
Colleyville, Texas 76034
(817) 849-1952

Double Trouble 5K/10K Entry Form • Saturday, October 5, 2013

Name _____ Age _____ M ☐ F ☐ Email _____

Address _____ City _____ Zip _____ Phone _____

Race Entry: Double Trouble 5K ☐ Double Trouble 10K ☐ Both 5K & 10K ☐ T-shirt Size: S ☐ M ☐ L ☐ XL ☐ XXL (add\$1) ☐
(T-shirts for first 300 entrants)

Race Entry Fees: (see fee schedule) \$ _____, LGRAW New Member Fee: \$ _____, TOTAL \$ _____

I will pick my packet up at ☐ Luke's Locker-Colleyville ☐ Race Day Morning at Race Site

Make check payable and mail to: "LGRAW" (Lake Grapevine Runners and Walkers Club), P.O. Box 2982, Grapevine, Texas 76099

WAIVER STATEMENT: Entry invalid if not signed. I know that participating in events can be potentially hazardous. By my signature I assume full and complete responsibility for any injury or accident which may occur to me during the event or while I am on the premises of the event, and I hereby release and hold harmless Lake Grapevine Runners and Walkers, Inc., the RRCA, and all sponsors from all claims of liabilities of any kind arising out of my participation in this event.

Signature _____ Date _____
(signature of participant or parent if participant is under 18)

Paid by: check ☐ cash ☐

Race Number _____

For more information go to lgraw.com