



Run for Your Hero 5k

March 25, 2017

5k @ 8:00 am and Fun Run @ 10:00 am

Race Location: Sunshine Elementary School. Registration begins 01/28/17 & ends 3/25/17.

Awards: Top three males, Top three females, and Top three teenagers receive trophies.

Proceeds: Benefit local families to offset the cost of insulin and diabetic supplies & medical copays.

Entry Cost information: Registration is \$25 with T-shirt, \$17.50 for T-shirt only.

Business Sponsor: \$150.00 Name will be on the back of the T-shirt.

Contact info: Dylan Painter (828) 447-9554, Samantha Steed (828) 748-7367

Print & Mail this form with payment to Run for Your Hero 5k, 518 Ledford Rd, Ellenboro, NC 28040
Or edit and email to: runforyourhero5k@gmail.com

All donations greatly appreciated. Thank you for your support!

Name _____ Sex _____ Age _____

Address _____

City, State, Zip _____

Phone _____ E-mail _____

SHIRT SIZE: SM___ M___ L___ XL___ 2XL___ 3XL___ None___ Shirt Only___ Specify # of each

Diabetic? _____

All Diabetics that order a shirt will have free personalization added to the back of their shirt

Please spell your name above exactly as you want it to read.

Business Sponsor _____ Name exactly as you want it to read _____

Waiver (MUST BE SIGNED)

I, the below signed, intend to be legally bound to waive and release any and all rights and claims for damages that I may have against the race, sponsors, their representatives, or successors and assigns for any and all injuries suffered by me in said event. I attest that I will participate in this event as a footrace, and that I am physically fit and sufficiently trained for the completion of this event. Furthermore, I hereby grant full permission to use my name and likeness, as well as any photographs and any record of this event in which I may appear for any legitimate purpose, including advertising and promotion.

Signature _____ Date _____

Parent or Guardian if under 18 _____

You do not have to run.

We welcome every one of all ages to participate & walk for those you love.

We also encourage you to wear your best super hero attire.

Rain or shine. No refunds.