



WAIVER

PLEASE READ AND SIGN!

I understand that participating in the Susquehanna Valley CASA Superhero 5K Run/Walk is completely voluntary. I acknowledge that inherent in this event is the risk of injury or damage from both known and unknown causes, both obvious and hidden conditions and circumstances for which were or were not specifically provided.

As a participant in this event, I, and anyone entitled to act on my behalf, hereby discharge Susquehanna Valley CASA, board members, employees, sponsors, volunteers, organizers, contractors or their representatives, and all cooperating businesses and organizations from all claims of damages, demands, actions, illnesses, injuries, death, and causes whatsoever in any matter arising from my participation or that of my child.

I attend and verify that I am, or my child (under 18), is medically able and have properly trained to participate in this event. I also give my full permission for such first aid as deemed necessary to be provided to me or my child on the premise or prior to transport to a hospital for further treatment.

I also understand that I may be photographed, filmed, or videotaped at the event. I hereby irrevocably grant to Susquehanna Valley CASA and its collaborators the absolute right and permission to use my likeness for any purpose, including commercial advertising.

Your signature indicates that you have read and agree with the above statements. **Parents must sign for children age 17 and under.**

Signature _____

Date _____

WHO ARE WE?



Susquehanna Valley CASA—Voices for Children (SVCVC) is a 501(c)(3) nonprofit. We are dedicated and passionate community members who advocate for local abused and neglected children in the court system. We aid in ensuring each child thrives in a safe, nurturing and permanent home.

Children with a Court Appointed Special Advocate (CASA) volunteer:

- Leave the court system an average of 7 months sooner than children without an advocate.
- Do better in school and stay in school longer.
- Receive more needed services such as trauma counseling and Early Intervention.
- 50% never re-enter the Child Welfare System.

We invite you to add your voice to ours by helping the most vulnerable children in our community! Check out our website for more information and volunteer opportunities!



Susquehanna Valley CASA's

SUPERHERO 5K

RUN • WALK

Saturday, September 12, 2026

Lewisburg Area Recreational Park

REGISTRATION & INFORMATION





Susquehanna Valley CASA—Voices for Children (SVCVC) is excited to be hosting our 10th annual Superhero 5K Run • Walk on **Saturday, September 12, 2026!** This important event will once again be held at the Lewisburg Recreation Park on St. Mary Street in Lewisburg, PA, and will feature family-friendly fun including:

- **Kids Fun Run** (Age 12 & under) - 9:30 AM
 - All children participating receive a medal!
- **Super 5K** - 10:00 AM
- **Prizes for runners, walkers, and best costumes** (kids + adults)
- **Children’s activities including visits from a few of their favorite superheroes!**

REGISTER WITH SUPER SPEED ONLINE!

SUSQUEHANNAVALLEYCASA.COM

(You will be linked to our online registration form on the Falcon Race Timing website)

You can also register by completing the form to the right and mailing it, along with the registration fee, to: Susquehanna Valley CASA
 PO Box 885 Sunbury, PA 17801
 (check payable to: Susquehanna Valley CASA)

2026 SUPERHERO 5K REGISTRATION FORM

First Name	Last Name		
Address	City	State	Zip
	()		
Email	Phone		
	()		
Emergency Contact	Emergency Contact Phone		

Male
 Female
 Age on race day ____
 I am participating in:
 5K Run
 5K Walk
 Kids Fun Run

Receive one free event shirt with each paid registration! Please circle your size: Shirt guaranteed if payment is received by August 28, 2026. Add \$15.00 for each additional shirt. Note: Kids Fun Run is free (no shirt provided unless purchased.)

Youth: S M
 Adult: XS S M L XL 2XL 3XL

Participation Type	Registration through 8/28	Registration after 8/28	Quantity	Total Cost
5K Run/Walk All Ages	\$25.00	\$30.00		\$
Kids Fun Run (12 and under)	FREE			FREE
Additional shirt(s)	\$15.00			\$

Participating as part of a team? For teams of 5-9 members, take _____ 5% off registration fee – teams of 10 or more receive 10% off! Team Name

How did you see/hear about this event? (check all that apply)
 Website/Social Media
 CASA email
 Radio
 Friend/Relative/Co-worker
 PA Runners/Falcon
 Other _____

IMPORTANT: PLEASE READ AND SIGN THE WAIVER LOCATED ON RIGHT PANEL!