

Portland Parks & Recreation

5K & 10K RACE

Saturday, August 17, 2013

Start: 8:00 am – Will Toan Park*

Course: Portland River Trail
start/finish at Will Toan Park
(asphalt path)

Cost: \$20-August 5 or BEFORE
\$25-August 6 or AFTER

Free Shirt: Guaranteed for all
racers registered by August 5



Awards for both 5K and 10K

Top 3 male and female finishers
in the following age groups:

14-under	45-49
15-19	50-54
20-24	55-59
25-29	60-64
30-34	65-69
35-39	70-over
40-44	

*Will Toan Park is located on Water St. between Grand River Ave and Bridge St.

Race Day: Registration and sign-in tables will be open 7:00 – 7:45am

EVENT (Check one): ☐ 5K ☐ 10K

Participant Name: _____ Age (on race day): _____ Birth Date: _____

Address _____ City _____ State _____ Zip _____

Email address: _____

In case of Emergency call: Name: _____ Phone: _____

Shirt Size: **ADULT:** ☐ SM ☐ M ☐ LG ☐ XL **YOUTH:** ☐ M ☐ LG

Waiver of Liability:

I hereby, for myself, my heirs, executors and administrators waive and release any and all rights and claims for damages I may have against the City of Portland, their respective agents or any facility used for this recreational program, for any and all injuries which may be suffered by my dependents in connection with my participation in said program. I further represent that I carry medical-hospital insurance and I understand that the City does not provide such insurance coverage for me. Photographs & videos may be taken at certain Parks and Recreation Department activities and unless The Parks and Recreation office receives written signed obligation, photos may be reproduced in department publications.

Signature: _____ Date: _____

Signature of Parent/Guardian (if applicable): _____ Date: _____

Mail registration form with entry fee to:

Portland Recreation

259 Kent Street Portland, MI 48875

Please make checks payable to Portland Recreation

For questions please contact Mary Scheurer 517.647.7985 or recreationdirector@portland-michigan.org