



SOUTHERN TIER RUNNING CLUB

PO Box 117 • Corning, NY • 14830 • southerntierrunningclub@gmail.com

www.southerntierrunningclub.com



St. Patrick's Day 5k/ 10k Run/ Walk



WHEN: Saturday, March 18, 2017 at 9:00 AM

WHERE: Starts/Finishes at Upstate Brewing Company, 3028 Lake Rd, Elmira, NY 14903

PRE-REGISTRATION (preferred): Online at SouthernTierRunningClub.com

Or, MAIL ENTRIES TO: Southern Tier Running Club, PO Box 117, Corning, NY 14830

- **Make checks payable to: Southern Tier Running Club or STRC.**
- **Pre-Registration Closes: March 10, 2017**
- **Early bib pickup** is available Friday, March 17th from 5:00 – 8:30 PM at Upstate Brewing Company, 3028 Lake Rd, Elmira, NY 14903
- The first 500 participants to register will get a free beer mug and Upstate is offering one free beer on race day with your bib (provided that you are age 21 or older).
- Food trucks will be available on race day and will offer race participants a \$2.00 discount when you show your race bib.

RACE DAY REGISTRATION and BIB PICKUP: 7:30-8:30AM at Upstate Brewing Company

COST (Please check which applies, Fill out one form for each family member):

5k (RUNNERS & WALKERS) -

- Pre-Registration (Both online and paper forms, postmarked by 3/8/2017)
 - ☐ \$20 STRC members
 - ☐ \$25 non members
 - ☐ \$40 family, 4 person cap
- Day of Registration -
 - ☐ \$30 STRC members
 - ☐ \$35 non members
 - ☐ \$50 family, 4 person cap

10k (RUNNERS ONLY, NO WALKERS due to permit time constraints) -

- Pre-Registration (Both online and paper forms, postmarked by 3/8/2017)
 - ☐ \$25 STRC members
 - ☐ \$30 non members
 - ☐ \$45 family, 4 person cap
- Day of Registration -
 - ☐ \$35 STRC members
 - ☐ \$40 non members
 - ☐ \$55 family, 4 person cap

AWARDS: Will be given to the Overall Winners for Male and Female as well as the first three places for each category.

Categories: Under 9, 10-12, 13-15, 16-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

ADDITIONAL INFORMATION: southerntierrunningclub@gmail.com

First Name:	Last Name:
Gender: Male / Female	Age on Race Day:
Address:	
City:	State, Zip:
Phone:	Email:
Emergency Contact Name and Phone:	

WAIVER: I know that running/walking a road race is a potentially hazardous activity. I should not enter and participate unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the event. I assume all risks associated with participating in the St. Patrick's Day 5k/10k, including, but not limited to, falls, contact with other participants, effects of weather, including high heat or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Southern Tier Running Club and its race officials, County of Chemung, Village of Horseheads, Upstate Brewing, and any sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in the event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose. I understand that any entry fees are non-refundable. I understand that this is a road race conducted under the rules of RRCA, and that the race takes place on public highways that are not completely closed to traffic.

Signature: _____ Date: _____

Signature of Parent or Guardian if under 18 years: _____