## WHY JOIN US?

5K Run/Walk to honor three fallen firefighters -Tom Stewart, III, Chief James Sylvester and Deputy Chief John West, who gave their lives in the line of duty trying to save three little girls in a fire in Gloucester City on July 4, 2002. Sadly, they all perished.

# INFORMATION

Race Start Time - 9:00am SHARP Results board posted immediately Awards Ceremony to follow at 10:15am - Gloucester City

#### REGISTRATION

\*Register online: www.runsignup.com No online entries after Saturday, 10/2/21 at midnight

\*By Mail: Please make checks payable to: Heroes to Hero Run

Mail to: 162 W. White Horse Pike, Berlin, NJ 08009 NO MAIL-IN ENTRY FORMS AFTER POSTMARK 9/27/21

\*Early Registration/Packet Pick-Up;

Wednesday and Thursday, October 6th and 7th from 3:00pm to 7:00pm at: Running Co of Haddonfield:

121 East Kings Highway, Haddonfield, (856) 428-1666

Friday, 10/8/21 4:30pm to 7:00pm at Gloucester City Fire Headquarters: 1 N. King Street, Gloucester City

\*Race Day Registration/Packet Pick-Up; Saturday, 10/9/21 7:00am to 8:15am at Gloucester City Fire Headquarters:

1 N. King Street, Gloucester City

## **REGISTRATION FEES**

Pre-Registration for all entries postmarked price	or to
September 27, 2021	\$25
Thereafter, and the day of the event	\$30
Children 14 and under	\$15
Special Registration 9/15/21	\$20

\*Long Sleeve Colored Shirts for the first 500 participants

- \*Great food and drink for all entrants
- \*Water stops along route/Bottled water at finish line
- \*Results posted race day at www.runsignup.com
- \*Flat and fast point to point course
- \*USATF sanctioned event/USATF certified course
- \*Post-Race Party at Holy City Publick House 332 Jersey Avenue, Gloucester City, NJ

# CONTACT

Race Director, Dawn Ragan (856)768-9656 Email: dawn@camdencountyhero.com More Information: www.heroestoherorun.com

**BULK MAIL PERMIT** PLEASE ADD

> Heroes to Hero 5K Run/Walk 162 W. White Horse Pike

20th Annual HEROES TO HERO MEMORIAL 5K RUN/WALK

Chief James Sylvester - Deputy Chief John West Saturday, October 9, 2021 \* Rain or Shine \* Gloucester City, NJ Honor & Memory of Fallen Firefighters Tom Stewart, III - Chief James Sylvester - D

20th Annual HEROES TO HERO **MEMORIAL** *5K RUN/WALK* 

"Rain or Shine"

Saturday October 9, 2021 9:00 am



Retracing our Fallen Brothers **Footsteps** 



**COURSE & LOGISTICS** 

Parking, Event Day Entry and Awards will take place at Gloucester City Fire Headquarters. Buses will transport participants from registration/packet pick-up in Gloucester City to the start line in Mt. Ephraim. There will be no event day registration at the race start point.

The 3.1-mile course is "point to point." Starting at Grant Avenue and Bell Road in Mt. Ephraim and will end on King Street at Gloucester City Fire Headquarters. It is a fast, flat course, Police controlled and passes by each one of the Fallen Firefighters' homes – **retracing their steps on July 4, 2002.** 

Buses will transport you to the starting line at the Mt. Ephraim Fire Department.

ALLOW TIME FOR THIS PROCESS . . .

Late entry and packet pick-up closes in Gloucester City at 8:15am! Last bus to race start will leave at 8:30am . . . RACE STARTS AT 9:00am SHARP!

Heroes to Hero 5K Course Map not to scale

# 2nd Place Male and Female \$75 3rd Place Male and Female \$50

AGE GROUP AWARDS

1st, 2nd, 3rd Male/Female in each

14 & under

15 - 19

20 - 29

30 - 39

40 - 49

50 - 59

60 - 69

70+

# **SPECIAL AWARDS**

Firefighter – 1st, 2nd, 3rd Male/Female in each Law Enforcement – 1st, 2nd, 3rd Male/Female in each

# **FIREFIGHTER TEAMS**

Minimum of 3 to a team – average of 1st three scores Traveling Trophy - 1st, 2nd, 3rd

**LAW ENFORCEMENT TEAM - 1st only** 

**SCHOOL TEAM** -1ST only

All Team registrations must be mailed together.

Must be present to receive awards at Award Ceremony – **NO EXCEPTIONS!** 

## **ENTRY INFORMATION**

\*Single Entrants can also participate on firefighter team, Law enforcement team, or school team.

\*No mail-in entry form after a postmark date of 9/27/21. No online entry from 12:00 midnight on 10/2/21.

Thereafter, entry only on Wednesday, 10/6/21 and Thursday, 10/7/21 from 3pm to 7pm at Running Co. of Haddonfield, and Friday, 10/8/21 (4:30pm to 7:00pm) and Saturday, 10/9/21 (7:00am to 8:15am) at Gloucester City Fire Headquarters.

\*A Special Registration will be held on Wednesday, 9/15/21 from 5:00pm to 8:00pm at The Running Co. of Haddonfield, 121 East Kings Highway, Haddonfield Cost to register is only \$20 on this day!

# **PAYING IT FORWARD**

All money raised from this event funds educational scholarships for children of Camden County's police, fire and EMS personnel killed in the line of duty. As well as annually providing a \$1,000 scholarship to a student from Gloucester City High School, Gloucester Catholic High School and Audubon High School.

The schools the three fallen firefighters attended.

REGISTRATION FORM PLEASE COMPLETE LEGIBLY FOR PROPER REGISTRATTION AND RESULTS RACE # ASSIGNED Last Name
First Name
Race Day Age Date of Birth Month/Day/Year
Address
City/State/Zip
Email Address
Phone
Gender Male Female
T-Shirt Size:SMLXLXXL
Race Registration includes Long Sleeve Cotton T-Shirt Limited to the first 500 registered participants
EVENT ENTERED: Choose (1)5K Run5K Walk The 5K Walk is not associated with any awards or timing chips
MY 5K RACE DIVISION: (Runners only) - Choose (1) only!Open Age GroupFirefighterLaw Enforcement
TEAM DIVISIONS: All members must register together! Fire Team Law Enforcement Team School Team
Team Name
I'm not able to participate in the race, but would like to make a donation.  Enclosed is my check in the amount of
Release: In consideration of accepting this entry, I the undersigned assumes full responsibility for any injury which may occur during the event or while I am on the premises of the event. I hereby release and hold harmless Heroes to Hero SK Run/Walk, Camden County Hero Scholarship Fund, Gloucester City and Mt. Ephraim, sponsors, promoters, race supervisory personnel and their representatives, and all other persons and entities associated with the event, whether injury or accident is caused by negligence on the part of the sponsors, promoters or other persons. I verify that I am physically fit and have sufficiently trained for this running event and my physical condition has been verified by a licensed physician. I acknowledge that the sponsors of this event have not had an opportunity to evaluate the condition of my health and are relying on my representation that I am physically able to enter and compete in this event. I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, recordings and records of this event. I must be present to receive any awards at the awards ceremony. The Race Director has the right to alter the course and/or the prize structure if the need arises.
Signature Date