

RUNWALK SEPTEMBER 23RD, 2017

LOCATION:

McCormick Park
300 N. Putnam, Williamston MI 48895

START TIME:

8:00am: 5K Gone Bad

9:30am: Weekend Survival Kits (WSK) 5k Run/Walk & 10k

10:30am: Kid's Fun Run



COURSE:

Start & End in McCormick Park for all races.

5k GONE BAD and **WSK 5k RUN/WALK**: Race Route will take you North on Putnam, East Mitchell Rd., South on Vanneter, over the foot bridge and West down High St.

WSK 10k: Race Route will take you North on Putnam, East on Mitchell Rd., North on Vanneter, East on Moyer Rd., South on Harris Rd., West on Rowley, South into the Elementary school, over the foot bridge and West down High St.

Please see Race Route for more information.

AWARDS:

5k GONE BAD: 1st and 2nd place medal awarded to men and women in two age groups; 39 & under AND 40+

WSK 5k RUN/WALK: 1st and 2nd place medal awarded to men and women in the following age groups; 34 & under, 35-49, 50+

WSK 10k: 1st and 2nd place medal awarded to men and women in the following age groups; 34 & under, 35-49, 50+

ENTRY FEE:

By September 22nd: \$25

Race Day: \$25 - shirt not guaranteed

KID'S FUN RUN:

This fun event for kids 12 and under will be roughly 0.67 miles (2 laps around McCormick Park) with 4 "challenging" stations along each lap.

The stations will include FUN-ctional movements which will be announced a few days prior to the event! All participants will receive a t-shirt, finisher medal and SUPER COOL SUPERHERO CAPE! \$15 to Register

REGISTRATION:

Please make checks payable to and mail to: Weekend Survival Kits, 1288 W. Grand River Ave., Suite 400, Williamston, MI 48895. Online

registration for all FOUR events at: www.runsignup.com/race/mi/williamston/allfeetnohands5k

PACKET PICK-UP:

At Playmakers 5:00 - 7:00pm Friday, September 22nd and Race Day in McCormick Park starting at 7:15am

INFORMATION:

Any questions feel free to email the Race Directors at

info@manyhandsmi.org. Proceeds will go to Weekend Survival Kits -

mobilizing communities to provide food on the weekends to children in grades K-5 who may otherwise go hungry ultimately helping remove barriers to academic success.

Name: _____ Phone: _____

Email: _____

Address: _____

☐ 5k Gone Bad ☐ WSK 5k Run/Walk ☐ WSK 10k ☐ Kid's Fun Run

Gender: (circle one) M F Age on Race Day: _____ Shirt Size: (circle one) S M L XL

Entry Fee: Early Registration - Postmarked by 9/8/17 - \$25

Entry Fee: Race Day - \$25 (Shirt not guaranteed)

Kid's Fun Run: Name: _____ Age: _____ T-Shirt size (Childrens S-L) _____ \$15 Entry Fee

