

# LONG ISLAND GREENBELT TRAIL 25 KILOMETER RUN

<b>LANDMARK</b>	<b>LEG</b>	<b>TOTAL</b>	<b>AID</b>	<b>NEXT AID</b>	<b>INSTRUCTION</b>
GLIRC Clubhouse	–	0		2.16	Start
Dupont Street	0.06	0.06			Turn Left at end of Parking Lot
Dupont Street/Fairchild Avenue	0.2	0.26			Turn Right onto Fairchild Avenue
Fairchild Avenue/Sunnyside Blvd		0.05	0.31		Turn Right onto Sunnyside Boulevard
Northern St Pkwy/Sunnyside Blvd		0.1	0.41		Continue straight on Sunnyside Blvd
Trail Entrance - north side of NSP		0.05	0.46		Continue straight-DO NOT ENTER TRAIL
Sunnyside Blvd - near CSH Lab	0.1	0.56			U-Turn at Cone
Trail Entrance - north side of NSP		0.1	0.66		Turn Left to enter/follow White Trail North
Woodbury Road		1.2	1.86		Cross Street
Route 25 (Jericho Turnpike)	0.3	2.16	AID	2.9	Cross Street
Syosset-Woodbury Road		0.9	3.06		Cross Street
Whitney Lane	0.4	3.46	AID		Turn Left, go under LIRR, Turn Left Again
South End of Stillwell Field	0.3	3.76			Turn Right, proceed along side of Field
North End of Stillwell Field	0.3	4.06			Turn Right
Stillwell Lane	1.0	5.06		2.8	Cross Street
Bench	0.5	5.56			Turn Left
Route 108	0.1	5.66			Cross Street
Lawrence Hill Road	1.2	6.86			Cross Street
Route 25A/Cold Spring Harbor	1.0	7.86	AID	2.8	U-Turn – follow White Trail south
Lawrence Hill Road	1.0	8.86			Cross Street
Route 108	1.2	10.06			Cross Street
Bench	0.1	10.16			Turn Right
Stillwell Lane	0.5	10.66		2.9	Cross Street
North End of Stillwell Field	1.0	11.66			Turn Left, proceed along side of Field
South End of Stillwell Field	0.3	11.96			Turn Left
Whitney Lane	0.3	12.26	AID		Turn Right, go under LIRR, turn Right Again
Syosset-Woodbury Road		0.4	12.66		Cross Street
Route 25 (Jericho Turnpike)	0.9	13.56	AID	Finish	Cross Street
Woodbury Road		0.3	13.86		Cross Street
Sunnyside Boulevard Trailhead	1.2	15.06			Turn Left onto Sunnyside Boulevard
Sunnyside Blvd/Fairchild Avenue		0.15	15.21		Turn Left onto Fairchild Avenue
Fairchild Avenue/Dupont Street	0.05	15.26			Turn Left onto Dupont Street
GLIRC Clubhouse Parking Lot	0.2	15.46			Turn Right into Parking Lot
GLIRC Clubhouse	0.07	15.53			FINISH