



# **5K RUN/WALK TO END ADDICTION**

**SHOREFRONT PARK, PATCHOGUE. SATURDAY, MAY 14, 2022 9AM**

**KIDS 200 METER FUN RUN STARTS AT 8:30AM**

**\*\*Virtual option available May 1- May 31\*\***

**ALL PROCEEDS TO BENEFIT HOPE HOUSE MINISTRIES**

**WE ARE BACK AS A LIVE EVENT!** Join us for a beautiful run/walk by the bay! The 5K flat course is certified and sanctioned by USATF, and benefits those who are in recovery from addiction. All ages and abilities welcome!

**-Cost: \$30. Price increases on race day to \$35.**

**VIRTUAL OPTION...**Here's how it works.....register for our event.....run or walk a 5K on your own during the month of May... you can log your results on run signup if you wish... and pick up your shirt (or have it mailed to you) on May 13th. **SIMPLE AND EASY!**

**Pick up your shirt and packet on May 13th and you will automatically be entered to win a \$50 gift certificate at Sayville Running Company. Those who cannot pickup on May 13th will have shirts available on race day**

**Register now: [strongislandrunningclub.com](http://strongislandrunningclub.com) OR go to our website: [endaddiction5k.com](http://endaddiction5k.com). Questions? Call Joe Folks, Race Director 631-949-2442**

