



*Road Running Technical Council*  
*USA Track & Field*  
**Measurement Certificate**



Name of the course Heritage Hero 5 km Distance 5 km  
Location (state) NY (city) Rochester  
Type of course: Road Race  
Measuring Methods: Bicycle  
Measured By Kevin Lucas, 94 South Ridge Trail, Fairport, NY 14450, 585-899-9749, lucasmeasurement@gmail.com  
Race Contact Kelly Nash, Heritage Christian Services, 275 Kenneth Dr., Rochester, NY14623, 585-340-5780  
Date(s) when course measured: 05/13/2023  
Number of measurements of entire course: 2 Course Configuration: keyhole  
Elevation (meters above sea level) Start 100.58 Finish 100.58 Lowest 75.59 Highest 124.06  
Straight line distance between start and finish 0m Drop 0.00 m/km Separation 0.00 %  
Type of surface: Paved 100 % Dirt 0 % Gravel 0 % Grass 0 % Track 0 %  
Effective date of certification: May 19, 2023 Certification code: NY23006KL

Note to Race Director: Use this Certification Code  
in all public announcements relating to your race.

## *Be It Officially Noted That*

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

**Verification of Course ---** In the event a National Open Record is set on the course, or at the discretion of USA Track & Field, a verification measurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

***This certification expires on December 31 of the year:*** **2033**

**AS NATIONALLY CERTIFIED BY:**

Date: May 19, 2023

Kevin Lucas - USATF/RRTC Certifier - 94 South Ridge Trail, Fairport NY 14450  
(585) 899-9749 - lucasmeasurement@gmail.com

### Heritage Hero 5 km, Seabreeze Amusement Park, Rochester, NY

Measured on: May 13, 2023 - By: Kevin P. Lucas – [lucasmeasurement@gmail.com](mailto:lucasmeasurement@gmail.com)

"This course was measured using the full width of the road and the Shortest Possible Route (SPR)" - Previously Certified as NY18106KL

#### Measured Marks & Elevations:

Start/Finish @ 330 ft: in Seabreeze Amusement Park under the Midway at post between Hot Shots & Cat Rack

1 Mile @ 292 ft: on South bound Sea Breeze Dr, 24 feet South of median light pole #60

2 Mile @ 403 ft: near median light pole #22 on South bound Sea Breeze Dr, 35 feet 3" South of storm drain

Turn-Around @ 407 ft: near median light pole #21 & Sea Breeze Water Tower on South bound Sea Breeze Dr, 98 feet 2" North of roundabout/15 mph signs on West side of road

3 Mile @ 337 ft: at Park maintenance garage, 24 feet East of gate post



### USATF Certificate

NY23006KL

Effective: 05/19/2023

Through: 12/31/2033

