



CELEBRATE 10 YEARS OF LEADING THE PACK WITH US!

Over the last several years, students across Rutherford County Schools (RCSNC) have joined school-sponsored running clubs that help them exercise safely and prepare for the Leader of the Pack 5k, and they are all extremely excited for this run every year as they get to compete against groups from other schools! In addition to student runners, families, individuals and groups from across the community participate in this fun event by running, walking, dressing in wacky costumes, donating, volunteering and sponsoring. Awards are given for overall and age group race winners, as well as to schools with the most participation.

Funds raised through this event go directly to Rutherford County Schools Education Foundation initiatives to support RCSNC students.

MAY 18, 8:00AM
McNAIR DRIVE, FOREST CITY

- 10th annual 5k race/.5 mile fun run
- Finish line is homeplate of the Owls stadium!
- ~600 participants in 2018
- Largest event in ROC Race Series
- Proceeds benefit RCS Education Foundation initiatives, such as the Backpack Program
- \$20 to register (\$15 for students)
- T-shirts guaranteed if registered before May 4

We are very excited to invite you to make an impact on the students in Rutherford County by joining us as a runner, walker, or "phantom runner" in this race!

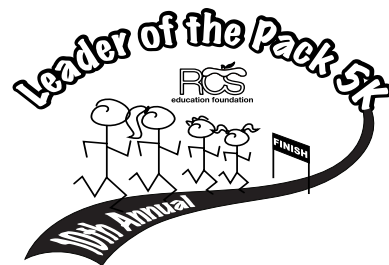
**REGISTRATION DETAILS ARE AVAILABLE AT
[RUNSIGNUP.COM/LEADEROFTHEPACK5K](https://runsignup.com/LeaderOfThePack5K)**

www.rcsedfoundation.org

2019 LEADER OF THE PACK 5K & 1/2 MILE FUN RUN

Proceeds benefit Rutherford County Schools students

May 18 at 8:00 AM
McNair Drive
Forest City, North Carolina



JOIN THE PACK & CELEBRATE 10 YEARS OF RACING WITH US!

REGISTRATION COSTS

- Students (18 & under): \$15
- Non-students: \$20
- Family Four Pack: \$60
- .5 mile fun run (12 & under): free for k-5 students
- Race day registration: \$25 (t-shirt not guaranteed)

RACE PACKET PICK-UP

Date: Friday, May 17, 2019 2:30-6:30pm

Location: Cool Springs Administrative Building
382 West Main St, Forest City, NC

Date: Saturday, May 18, 2019 6:00-7:30am

Location: McNair Stadium

REGISTRATION METHOD

- Online registration:
<https://runsignup.com/LeaderOfThePack5k>
- If online registration poses an issue, please contact your school running club sponsor or Chelsea Rush at crush@rcsnc.org or 828-288-2200.
- *T-shirt only guaranteed if registration is received by 5/4/19.*

PHANTOM RUNNER

Want to support our students, but don't want to run? Join the pack as a Phantom Runner by making a minimum donation of \$20. Your registration will count toward the participation numbers of the school of your choice, and you will receive a race t-shirt if registered by 5/4/19.

RACE AWARDS

- Top overall male/female (1st, 2nd, 3rd) -

- Top master male/female (1st, 2nd, 3rd) -

Medal awards (1st, 2nd, 3rd) for male/female in the following age groups:

0-4, 5-6, 7-8, 9-10, 11-12, 13-14, 15-19, 20-24, 25-29, 30-34,
35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75+

- Trophies are awarded to the elementary, middle and high schools with the highest participation - School participation is based on runners present and checked in on the day of the race. No school level awards will be determined by race times. Family members, staff, community members, etc. (not only students) count toward school participation if registered with their school affiliation.

Congratulations to 2018 Golden Runner winners: East Rutherford High, East Rutherford Middle and Forrest Hunt Elementary!

[RUNSIGNUP.COM/LEADEROFTHEPACK5K](https://runsignup.com/LeaderOfThePack5k)