

Be My Strider
Riverview Park- behind Crossfit Unbridled
770 Wilkinson Blvd. Frankfort, KY 40601
Tuesday February 20th 5:30PM

DISTANCE 3k USATF sanctioned

ENTRY FEES \$15 through race day, kids 14 & under are free to participate

Mail entry form with Check (made out to the Frankfort Striders) to:

Frankfort Striders Club 208 New Street, Frankfort, Ky 40601.

RACE DAY Late registration and packet pick up starts at 4:30 pm.

AWARDS Awards given to the top male and female as well as age group awards.

Questions: Contact Leesa Unger @ (502) 395-0364 frankfortstridersclub@[gmail.com](mailto:frankfortstridersclub@gmail.com)

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone: _____ Email: _____

Age as of 2/20/18 : _____ Date of Birth: _____

Male _____ Female _____

Waiver and Release

I know that running and volunteering to work in races are potentially hazardous activities. I should not enter the Be My Strider run unless I am medically able and properly trained. I understand that my entry fee is non refundable. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I certify that I have full knowledge of the risks involved in participating in this event. I also release the publishing rights of photographs taken of me during the run.

Signature _____ **Date** _____

Parent Signature(under 18) _____