

10th Annual Tomahawk Trot

5K Race / Kids Race / Fun Walk
Friday, August 5, 2016 7 p.m. / 7:30 p.m.
Wauseon High School - Wauseon, Ohio
Proceeds benefit the Track and Field Complex



Race Registration 5:30 p.m. – 7:00 p.m. 5K Race and Walk starts at 7:30 p.m. $\frac{1}{4}$ mile and $\frac{1}{2}$ mile Kids Races at 7:00 p.m.

Course:

The 5K starts and finishes at the Wauseon High School. The course takes runners on a scenic run through neighborhoods near the high school, down the paved bike trail, and finishes on the high school grounds. The course is accurately measured and will be patrolled for your safety. Due to safety regulations, **absolutely no pets, roller blades, or bicycles** are permitted on the course during the race.

Awards:

Overall top 2 male / female, overall master (40+) male / female in the 5K race. Age group awards (3 deep) in the 5K race.

No duplication of awards. Walk is noncompetitive.

All Kids Race participants will receive a ribbon. Awards will be given to the top 3 boys and top 3 girls for each Kids Race.

Male and Female age groups: 14 & under, 15-19 20-29 30-39 40-49 50-59, 60-69, 70+

Shirts:

All pre-registered participants registered by July 25th will receive a t-shirt. There will be no race day t-shirts.

Other Information:

Post race refreshments will be available for all participants

Entry Fees:

5K Race and Walk pre-registered (postmarked by Monday, July 25, 2016) -- \$20.00

5K Race and Walk day of race \$25.00 with no guarantee of a shirt.

 $\frac{1}{4}$ mile Kids Race (7 & under) or $\frac{1}{2}$ mile Kids Race (8-12) pre-registered (postmarked by Monday, July 25, 2016) -- \$9.00

1/4 mile or 1/2 mile Kids Race day of race -- \$11.00

Information.

Contact Joe Allen at 419-822-7348 or Tom Vernot at 419-335-1869 for more information. Photocopies of the entry form are accepted.

Entry fees payable to: Tomahawk Trot

Mail registration form and entry fees to:
Wauseon High School ATTN: Joe Allen 840 Parkview
Wauseon, Ohio 43567

Tomahawk Trot Registration Form
Race (Check One)
5k Race / Walk (\$20.00)
¼ Mile Kids Run (7 & under)(\$9.00)
¹ / ₂ Mile Kids Run (8-12 yr. olds) (\$9.00)
Name Address City State Zip Email:
Phone
Sex: (circle) M or F Date of Birth: Age: (on 8/05/16) Shirt Size: (circle one) ADULT S M L XL 2XL
CHILD S M L
In consideration of your acceptance of this entry, I hereby for myself, my heirs, executors and administrators waive and release all rights for claims and damages I might have against the race director, sponsors, and all related parties for any and all injury or damage from participating in the above event. I am in proper physical condition to participate in this event.
Signature
Date
Parent Signature if under 18