



Run for the Ribbon Team Information

Family & Corporate Teams

Groups of friends, coworkers, community and civic organizations, towns, and even whole schools have found that banding together is an effective way to increase the amount of money they can raise awareness of prostate cancer! All you need to start a team is someone to register as a team captain. Get started now and check out the resources below!

By officially registering your team online you will now have access to powerful recruitment and fundraising resources. Team awards will be provided to the team who raises the most funds, the team who has the most people and most creative team name. Visit our fundraising results website!

Recruit Team Members

Send emails to family, friends, and co-workers and ask them to join your Run for the Ribbon Run/Walk Team! Share tools with them to help them register online and encourage them to fundraise. Let them know why the Run for the Ribbon Run/Walk is important to you!

Set a Goal for Your Team

A team can consist of 5 people or 100 — the sky is the limit! For a quick calculation, take your total recruitment goal and multiple it by \$100 per person for your team's fundraising goal!

Create Your Team Webpage

As team captain, you will receive an email with the details of how to create your team website. You can upload a photo, write a story and more!

Take Your Campaign to Social Media

Post the link to your team webpage on Facebook and ask friends for contributions. You can share MIU Run for the Ribbon's Facebook posts anytime, or give us a mention on Twitter!

Set Your Personal Fundraising Goal

Show your team members you can walk the walk! Set your own personal fundraising goal, make a personal donation, start fundraising, and lead your team to success. Encourage your team members and have fun!

Keep Team Members Motivated

Keep your team members motivated along the way by reminding them that they are part of MIU Men's Health Foundation's mission to increase the awareness, education, research and treatment of prostate cancer and men's health related issues. Encourage them to send emails to their contacts and let them know they are making a difference with every dollar they raise for MIU Men's Health Foundation. Don't forget to have fun achieving your team goal!