

**5th Annual
5K Road Race and 10K Trail Run
Van Buren Boys Soccer Team**



WHEN: Sunday, November 10, 2013 2PM at Van Buren Sports Complex and Allen Twp House 12829 St. Rte. 613, Van Buren, OH

REGISTRATION: Pre-registration for the 5k run/walk, 10k Trail Run received by October 28, 2013 is \$20 with a long sleeve tech tee or \$30 with a long sleeve performance half-zip. Online registration available at www.davesraces.com

A limited number of tech tees and half zips will be available after October 28, so pre-register to ensure you get one!

Race Day Registration is \$25 without a shirt and opens at 12:30PM. Any extra ¼ zip performance tops or long sleeve Tech Tees will be available for sale the day of the race.

COURSE: Both races start and finish at the Van Buren Sports Complex and Allen Township House. The 5k road race and 10k Trail Run through Van Buren State Park begin at 2PM. This is a TRUE trail run – tree roots, mud, and all.

REFRESHMENTS: Will be available at the Allen Twp House immediately following the race (think indoor bathrooms!)

AWARDS: Awards will be presented immediately following the completion of the race to the Overall Male/Female for both the road race and trail run. The top male and female in each age group for both races will also receive awards. Age Divisions are as follows: single digits (9 and under)/ 10-12/13-19/20s/30s/40s/50s/60 and over.



MORE INFORMATION? Call Marie Swaisgood at 419-348-2118, swaz11@woh.rr.com

*Make checks payable to Van Buren Athletic Boosters and mail form and entry fee to
Jeff Swaisgood 12715 State Route 613, Van Buren, OH 45889*

CUT HERE – ENTRY FORM MAY BE PHOTOCOPIED, PLEASE PRINT

Name: _____ **Phone:** (____) _____ - _____

Address: _____ **City/State:** _____ **Zip Code:** _____

Sex: M F **Age:** (on 11/10/13) _____ **DOB:** _____ **Email:** _____

Race: ☐ 5K Road Run/Walk ☐ 10K Trail Run **How did you hear about the race?** _____

Shirt Style (Choose one): ☐ \$20 Tech Tee Circle Adult Size: XS S M L XL 2XL
☐ \$30 Men's ¼ zip Performance top: S M L XL 2XL
☐ \$30 Women's ¼ zip Performance top w/ thumb cutout: S M L XL 2XL

Participation & Liability Waiver I know that participating in a race is a potentially hazardous activity. I should not enter and participate unless I am medically able to do so and properly trained. I assume all risks associated with participating in this event, including but not limited to falls; contact with other participants; and the effects of weather, traffic, and course conditions, all such risks, being known and understood to me. I am aware that medical support for this event will be provided by volunteer personnel who may be called upon to provide assistance, including first aid, to me during the event. I authorize any such volunteer to assist me or to perform such assistance as, in the opinion of such person, may be necessary or appropriate. I understand that the race directors, organizers, and related parties assumes no responsibility or liability with respect to my participation in this event. I agree, however to abide by any decision of any race official relative to my ability to safely complete the event. I hereby grant permission to use any photographs, motion pictures, videos, recording, or any record for this event for legitimate purposes. I agree to abide by the rules of this event information. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, do hereby release and hold harmless the race directors, organizers, and related parties and their respective employees, directors, officers, agents, and volunteers from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence, omission, or carelessness.

Signed _____ **Date** _____

(Parent or Guardian if participant is under 18)

There will not be a refund of the entry if the race is postponed or cancelled due to weather conditions or any other circumstance beyond the control of the Race Director.

