



2019 FALL INTO WINTER 5K RUN/WALK



SATURDAY OCTOBER 19, 7:30 AM



BREAKFAST PROVIDED FOR ALL

ENTRY FEE CASH OR CHECK only

Breakfast for non participants \$12

AWARDS

Through Sept. 16	\$25
Sept. 17—October 16	\$30
October 17—Race Day	\$40
Family of (2) thru Sept. 27	\$45



CB FUN RUNNERS RECEIVE \$2.00 OFF

FRIDAY, OCTOBER 18, 2019 5:00 PM – 7:00 PM
PACKET PICKUP & REGISTRATION AT COCONUTS

SATURDAY, OCTOBER 19, 2019

- 6:15 AM** - REGISTRATION & PACKET PICK UP
- 7:00 AM** - COSTUME CONTEST
- 7:30 AM** - 5K RUN/WALK
- 8:30 AM** - YOUTH FUN RUN
- 8:45 AM** - AWARDS

TOP MALE, FEMALE & MASTERS OVERALL

TOP MALE AND FEMALE AGE GROUPS: **0-10 11-14 15-19 20-24 25-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70-74 75-79 80+**

BEST MALE & FEMALE

COSTUME CONTEST AT 7:00AM

TOP 2 FAMILY TEAM FINISHERS

BEST CARVED PUMPKIN

T-SHIRTS TO ALL RUNNERS

(size of shirts not guaranteed to Race Day Registers)
Non Participants \$15.00

PARTICIPATE IN THE COCOA BEACH CHALLENGE 2 RACES, 2 MEDALS & tons of FUN!
RUN/WALK FALL INTO WINTER 5K & COCOA BEACH HALF MARATHON
www.cocoa beachhalfmarathon.com for more information

ONLINE REGISTRATION WWW.RUNSIGNUP.COM

RAIN OR SHINE NO REFUNDS

Checks payable to: **COCOA BEACH PARKS & REC (CBRD)** Send entry form and fee: **P.O. BOX 322430 COCOA BEACH, FL. 32931**

Last Name _____ First Name _____ M.I. _____ Male _____ Female _____

Address _____ City _____ State _____ Zip Code _____

Phone _____ Email _____ Age on Race Day _____ D.O.B _____ Shirt S M L XL XXL

In consideration of my entry being accepted, I intend to be legally bound, and do hereby for myself, my heirs, executors, waive and release any and all rights and claims for damages which I may hereinafter accrue to me against the City of Cocoa Beach, and all other sponsors, contributors or any subsidiary or political division thereof, its or their respective officers representatives, successors and assigns for any and all damages or injuries which may be sustained and suffered by me in connection with my association with entry or participation in the "Fall Into Winter 5K Run". If I should suffer injury or illness I authorize officials of the race to use their discretion to have me transported to a medical facility and I take full responsibility for this action. I attest and certify that I am physically fit and have sufficiently trained for the competition in this event. I have read the above and understand that I am entering this event at my own risk.

_____ Date

_____ Signature

_____ Parent or Guardian, if under 18