



## St. Mark's Lions on the Run 5K

The 5K run/walk will begin at 5:30 pm, Friday, March 10<sup>th</sup>, 2017.

A children's fun run will follow at 6:45 pm.

Proceeds benefit St. Mark's Episcopal Academy.

**Location:** St. Mark's Episcopal Church and Academy; 2 Church St., Cocoa Village, FL 32922

**Packet pick-up:** Thursday, March 9<sup>th</sup> at St. Mark's Episcopal Academy from 12-7 pm; race day, 4:30 – 5:15 pm.

**Make checks payable to:** St. Mark's Episcopal Academy

**Entry Fee:** Adults: **\$30** per person through Feb. 23, 2017; **\$35** per person Feb 24-March 10th.

Children: **\$20** per person through Feb. 24, 2017; **\$25** per person Feb 25-March 10th.

*For more information, contact Susan Davis at: 321-794-4749 or [Susie.mcb.davis@gmail.com](mailto:Susie.mcb.davis@gmail.com)*

**Please Print: Name:** \_\_\_\_\_ **Age on race day:** \_\_\_\_\_ **Male:** \_\_\_\_\_ **Female:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Home/Cell phone:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Entry Fee:** \$ \_\_\_\_\_ **T-shirt size (circle):** S M L XL Youth S Youth M Youth L

**(T-SHIRT ONLY GUARANTEED IF REGISTERED BY 2/22/17)**

**Release Waiver: BY MY SIGNATURE I ACKNOWLEDGE THAT:** Participating in an organized running event is a potentially hazardous activity. I will not participate unless physically and medically able. I agree to abide by all decisions of race officials relative to my ability to safely complete the race course. I assume all risks associated with participating in this event including but not limited to: Slip/trip/fall, contact with other participants, weather conditions, including high heat and/or humidity, traffic and the conditions of the road and course, all such risks being known and appreciated by me. Having read this waiver and in consideration of entry into this event being accepted, I, for myself and anyone named or entitled to act on my behalf, waive and release members and volunteers of St. Mark's Episcopal Church and School, Road Runners Club of America (RRCA), the city of Cocoa, county of Brevard, state of Florida and all sponsors, their representatives and successors, from all claims and/or liabilities of any kind arising out of my participation in this event, including any liability that may arise out of carelessness or negligence by persons or organizations named in this waiver. I agree and grant permission that should circumstances arise, I defer to race officials and/or qualified persons as to my need to be examined and/or treated medically during the race. I agree that race officials and/or qualified persons have the right to disqualify and remove me from the race course should I be suffering from a life-threatening condition. I further grant to Releases the right to use any and all photographs, images, or accounts of this event in any matter they feel appropriate. I agree to abide by all RRCA Guidelines, including but not limited to: No use of headphones or any other device that limits awareness of the participant, or any type of wheeled conveyance (excluding use by handicapped or physically disabled participants). Animals are prohibited from the race course unless for the use and assistance of handicapped or physically disabled participants.

**I have read and understand the above release. I agree with all the terms and I certify that I am over the age of 18 or have parent/guardian signature below.**

**Participant Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**I certify that I am the parent or guardian of the above named participant. I agree with and expressly adopt all of the terms of this release.**

**Parent/Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_