

# Mr. Ed's 35th annual

# "Superbowl Warm-Up"

SUNDAY, FEBRUARY 11, 2024 in Middleport, NY

5 KILOMETER CANALSIDE RACE @ 11:30 ( Certified Course )

1 MILE FUN-RUN @ 11:00 / 5 K WALK @ 10:00



RENOWNED POST-RACE PARTY



"COLLECTOR'S ITEM" Long sleeved T-Shirts TO FIRST 300 REGISTERED.

5-K AWARDS GALORE OVER-ALL, MASTERS, GRAND MASTERS, AND FIREMEN

5-YEAR AGE GROUPS FUN-RUN & WALKER RIBBONS

Like us on Facebook

Mr.Ed's Superbowl 5K Race

Computerized Chip Timing & Scoring  
by Score This!!

Since 1990 we have donated over \$115,000 to deserving Roy-Hart students & the Middleport community

Register at: MIDDLEPORT FIRE HALL on Main Street from 9:30 to 11:00

**No spikes inside of Firehall**

**No dogs or strollers allowed in 5K Race.**

More Information? Phone: (716) 735-3115

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**PRE-RACE REGISTRATION DEADLINE 1/31/2023**

**PRE RACE ENTRY FEE: \$30.00 (U.S. Funds Only Please) \$20.00 (14 years & Under)**

**Race Day Registrants: \$35.00**

**Checks Payable To: Score This Timing**

**Mail To: Score This ,Inc.**

128 Genesee Street Lockport ,NY 14094

Please Enter ALL Information

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Phone ( ) \_\_\_\_\_

Complete Address & ZIP \_\_\_\_\_

E-Mail address \_\_\_\_\_

I Am Entering The: 5K RACE \_\_\_\_\_ FUN-RUN \_\_\_\_\_ 5K WALK \_\_\_\_\_ FIREMEN'S 5K RACE \_\_\_\_\_

FIREMEN'S 3 X 1 MILE RELAY (Enter Team Name) \_\_\_\_\_

Date of Birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Age on Race Day: \_\_\_\_ Sex: M F

Circle Your Shirt Size: S M L XL XXL XXXL (additional \$3.00)

In consideration of your accepting my entry, I hereby, for myself, my heirs, my executors and administrators, waive and release any and all rights & claim for damages which I may have against Mr. Ed's "On The Road" Athletic Club, Pony's Irish Pub, The Middleport Volunteer Fire Co. #1, Inc. and their sponsors for any injury or damages which may be sustained as a result of my participation in this event or arising out of traveling to or from this event. I certify that I am in good health & able to participate in this event.

SIGNATURE \_\_\_\_\_ Parent if Under 18 \_\_\_\_\_

**PROCEEDS BENEFIT: THE MIDDLEPORT VOL. FIRE CO. - SCHOLARSHIP FUND**

For Race Use Only

**Additional applications or ONLINE REGISTRATION at [www.score-this.com](http://www.score-this.com)**