

Swim Waves

Our open water/lake swim events the race will be started in a series of wave starts. The race will start with the Sprint Distance, then the X-50 and finally the Olympic distance. Each of the distances will have a series of category waves by swim cap color. For safety you must wear your colored swim cap. Please make sure to start in your assigned wave or you could be disqualified. Below is the order of the swim waves/starts with the first one starting at 7:30am.

Sprint Swim Waves



Wave 1 – Male (39 & Under, Collegiate Males) **Dark Navy** Swim Cap



Wave 2 – Male (40 & Over) **Grey** Swim Cap



Wave 3 – Female (All Females, Wetsuit, Collegiate Female) **Pink** Swim Cap

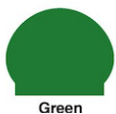
X-50 Swim Waves



Wave 4 – Male (All Males) **Purple** Swim Cap



Wave 5 – Females (All Females, Relays, Aqua Bike, Wetsuit) **Dark Green** Swim Cap



Olympic Swim Waves



Wave 6– Male (39 & Under, Collegiate Males) **Green** Swim Cap



Wave 7 – Male (40 & Over) **Orange** Swim Cap

Wave 8 – Female (All Females, Collegiate Females, Relays, Wetsuit) **Lt. Blue** Swim cap