

Bears for a Better Christmas 5K & 1 Mile Kids Run

Saturday, December 8, 2018

Munford Gymnasium

Willow Springs, MO

Proceeds go to the Bears for a Better Christmas Toy Drive.

Registration—7:30-8:45 a.m. (Race day registration only)

1 Mile Kids Run—8:30 a.m. (awards to follow)

5K Race Time—9:00 a.m.

\$20.00 Entry Fee—Pre-Registered & Race Day (5K)

\$10.00 Entry Fee—Pre-Registered & Race Day (1 Mi.)

Awards

Overall Male & Female 5K

Top 3 in Each 5K Age Division

Top 10 Overall 1 Mile Run.

**Pre-Register online at
runsignup.com or print a paper
entry form on Facebook or at
www.willowcrosscountry.com**

**T-Shirts to all who register by November 28, 2018, and first 20
entrants on race day.**



More information on Facebook---Bears for a Better Christmas 5K

Contact Chris Waggoner or Erin Brower at (417) 469-3260

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Proceeds go to the Bears for a Better Christmas Toy Drive.

Awards—Top Overall & Top 3 Age Group 5K Winners

Awards to all 1 Mile Participants.

T-Shirts to all who register by November 28, 2018, and first 20 entrants on race day.



More information on Facebook—Bears for a Better Christmas 5K

Entry Form

Name _____

Address _____

Phone _____

E-Mail _____

Gender _____ Date of Birth ____/____/____

Race (Circle One) 5K Run 1 Mi. Run (12 & Under Only)

WAIVER: In consideration of your acceptance of this entry, I, intending to be legally bound hereby, for myself, my heirs and assignees waive any/all claims for any damages which I have against the Willow Springs R-IV School District, the City of Willow Springs and any other sponsor and/ or their employees for any injuries and illnesses suffered by me in this event, including those which may be attributed to weather conditions. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event. I have read the entry information provided and certify my compliance by my signature below.

Signature _____

Signature of parent or guardian if under 18 years of age.

2 ways to pre-register: runsignup.com or by mail...

Make Checks Payable to: Willow Springs School
You may mail entry forms to: Willow Springs School (c/o Chris Waggoner)
215 W. Fourth St.
Willow Springs, MO 65793