

MSQ Central Park 10K 2025

New York, NY

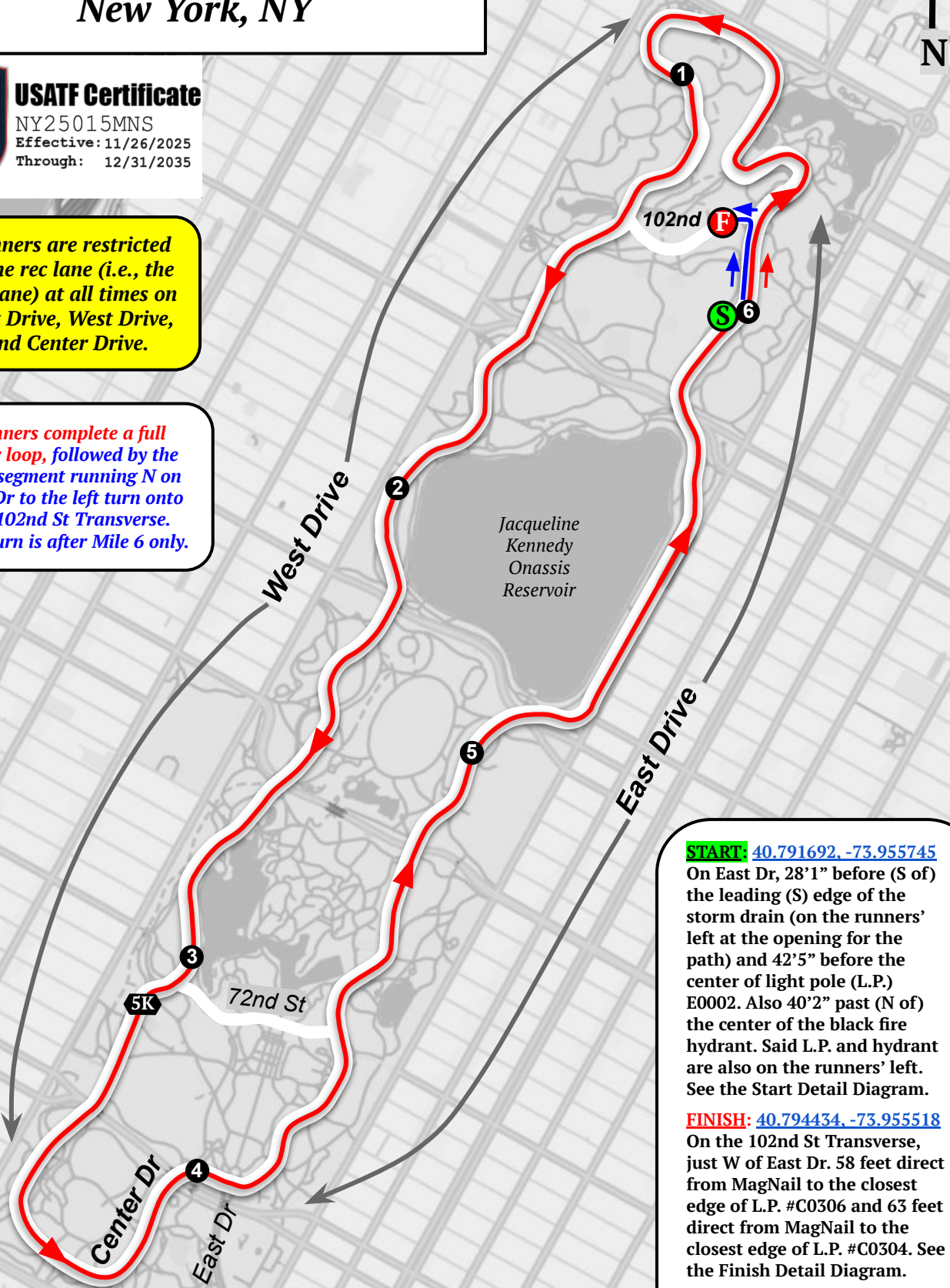


USATF Certificate

NY25015MNS
Effective: 11/26/2025
Through: 12/31/2035

Runners are restricted to the rec lane (i.e., the left lane) at all times on East Drive, West Drive, and Center Drive.

Runners complete a full outer loop, followed by the brief segment running N on East Dr to the left turn onto the 102nd St Transverse. Said turn is after Mile 6 only.



START: [40.791692, -73.955745](#)

On East Dr, 28'1" before (S of) the leading (S) edge of the storm drain (on the runners' left at the opening for the path) and 42'5" before the center of light pole (L.P.) E0002. Also 40'2" past (N of) the center of the black fire hydrant. Said L.P. and hydrant are also on the runners' left. See the Start Detail Diagram.

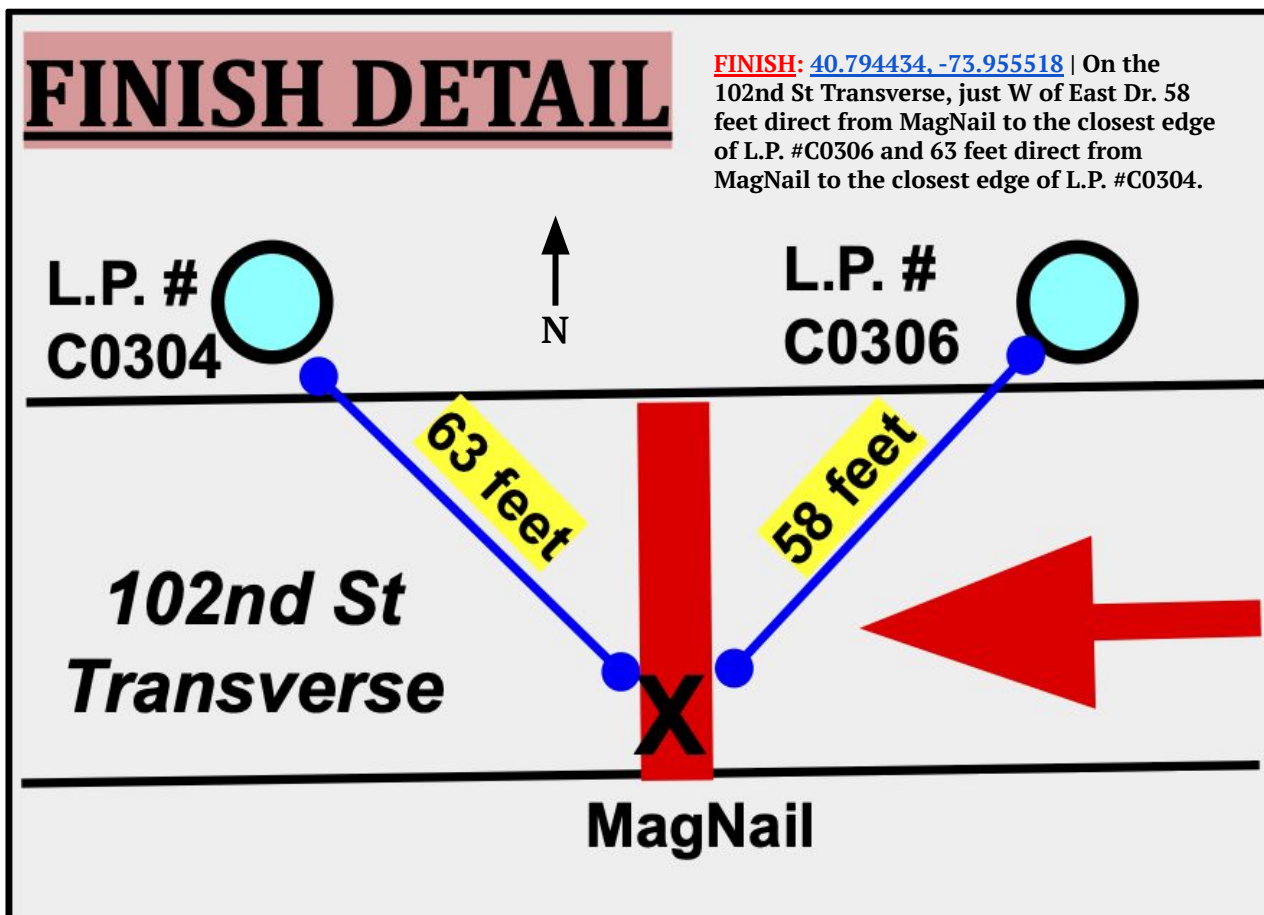
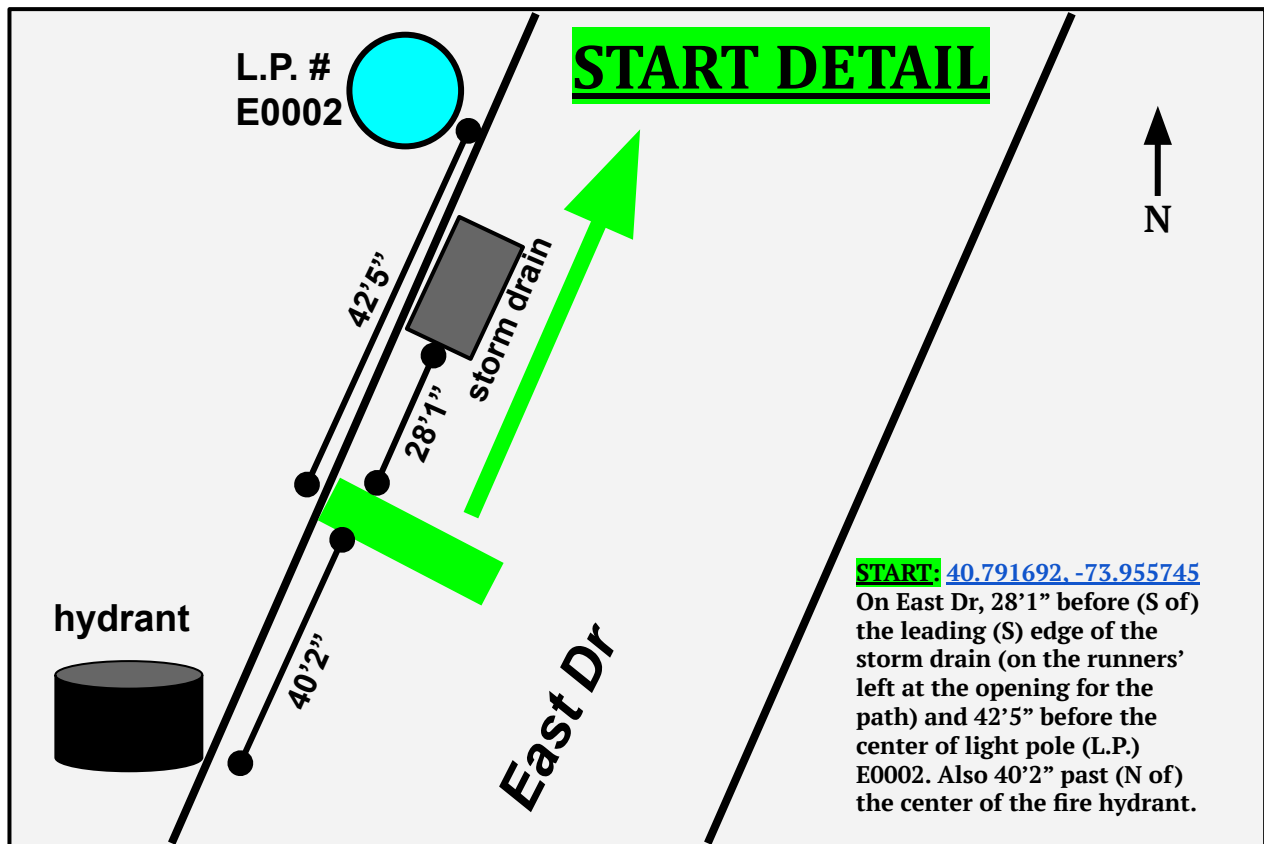
FINISH: [40.794434, -73.955518](#)

On the 102nd St Transverse, just W of East Dr. 58 feet direct from MagNail to the closest edge of L.P. #C0306 and 63 feet direct from MagNail to the closest edge of L.P. #C0304. See the Finish Detail Diagram.

See Supplemental Pages for Start/Finish Detail Diagrams + Intermediate Split Descriptions

Measured by Matthew Slocum (WA-B) + James Gusmer (WA-B)
17 November 2025 | matt@precisioncoursedesign.com | jgusmer@nyrr.org

Except as noted in the Course Restrictions, this course was measured using the full width of the road and the shortest possible route



MSQ Central Park 10K 2025

Intermediate Splits

START: [40.791692, -73.955745](#) | On East Dr, 28'1" before (S of) the leading (S) edge of the storm drain (on the runners' left at the opening for the path) and 42'5" before the center of light pole (L.P.) E0002. Also 40'2" past (N of) the center of the black fire hydrant. Said L.P. and hydrant are also on the runners' left. See the Start Detail Diagram.

Mile 1: [40.798181, -73.957405](#) | On West Dr, near the NW corner of the park. 2 feet past (S of) the traffic signal (on the runners' left), which is opposite the traffic signal with Traffic Control Box #19 attached to it (this is a green traffic control box at the crosswalk across West Drive from the North Woods Path).

Mile 2: [40.787395, -73.967103](#) | On West Dr, 9 feet past (S of) L.P. W8903 (on the runners' left).

Mile 3: [40.775001, -73.974171](#) | On West Dr, just before (N of) the 72nd St Transverse. 8 feet past (S of) the manhole cover and 36'8" before L.P. W7218 (on the runners' right).

5 km: [40.774100, -73.975790](#) | On West Dr, past (S of) the 72nd St Transverse. 28'5" before (N of) the leading (N) edge of the NYC Electrical box and NYC Fiber box in the separate pedestrian lane (on the other side of the curb on the runners' left). 35'9" before the unmarked green L.P. and 121 feet before the L.P. with the traffic signal and Traffic Control Box #34 attached to it (both L.P.s are on the runners' left).

Mile 4: [40.769960, -73.973836](#) | On Center Dr, just before (W of) the intersection with East Dr (on the runners' right). 79'6" past (E of) L.P. C6501 (on the runners' left) and 17 feet before (W of) the first L.P. on the runners' left past L.P. C6501.

Mile 5: [40.780610, -73.964519](#) | On East Dr, 19'1" before (S of) L.P. E8203 (on the runners' left).

Mile 6: [40.791787, -73.955615](#) | On East Dr, just past (N of) the start line. 5'6" before (S of) L.P. E0002 (on the runners' left). Said L.P. also has a crosswalk signal attached to it.

FINISH: [40.794434, -73.955518](#) | On the 102nd St Transverse, just W of East Dr. 58 feet direct from MagNail to the closest edge of L.P. #C0306 and 63 feet direct from MagNail to the closest edge of L.P. #C0304. See the Finish Detail Diagram.