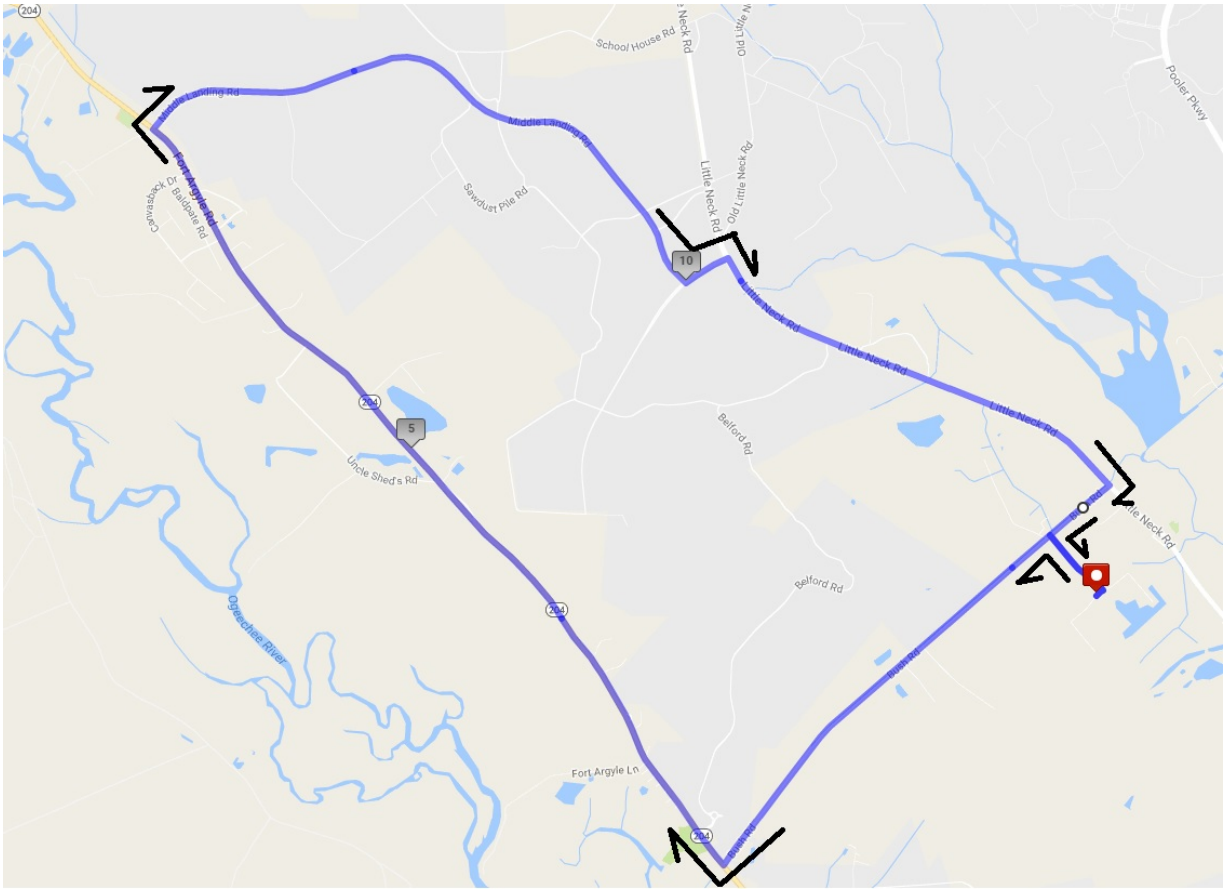
RIDE ON RYAN TRIATHLON/DUATHLON

COURSE MAPS

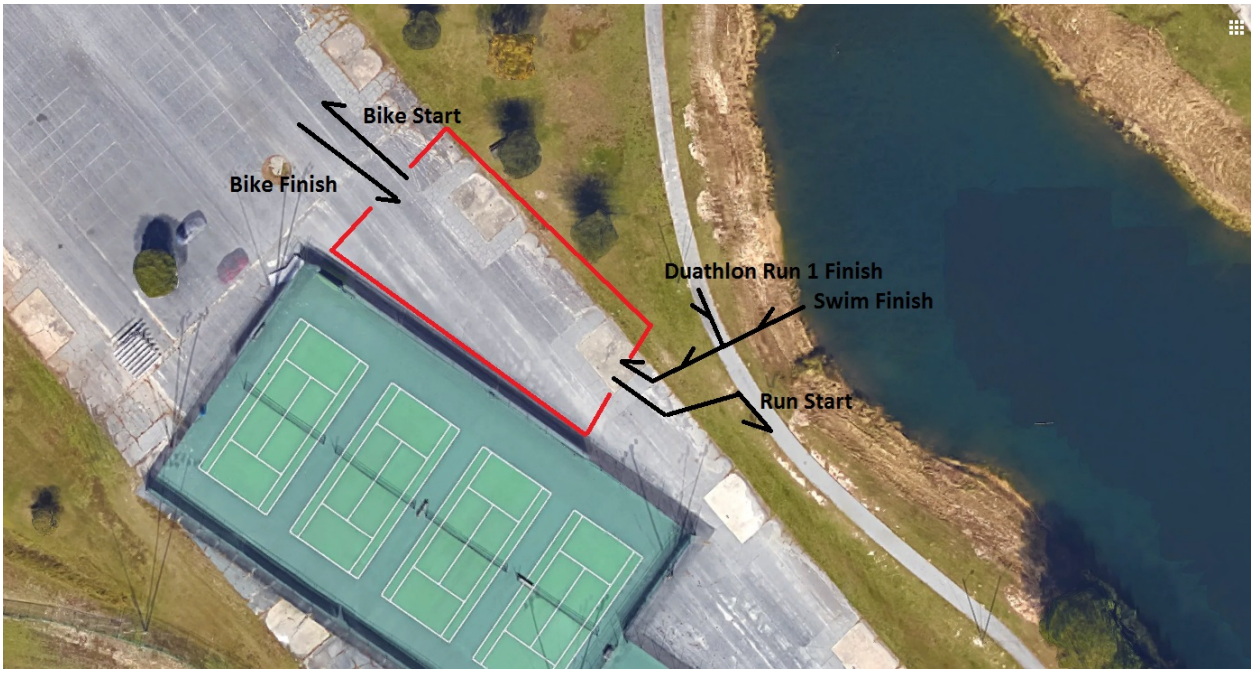
SWIM COURSE

DUATHLON RUN COURSE 1

BIKE COURSE



RUN COURSE (DUATHLON RUN COURSE 2)

RIDE ON RYAN triathlon

TRANSITION AREA