

Goblin Gallop 5K

Presented by Heartland Regional Medical Center & the
American Cancer Society



A costume 5K benefiting Breast Cancer Research and the Relay For Life event of
Williamson

**Saturday,
Oct 29th, 2016
10:00 AM**

- ♦ Creative costume themed race
- ♦ Medals awarded to top run & walk finishers & best costumes!
- ♦ Children's Fun Run following race-\$10 fee-includes medal
Register Day of Event

Questions? Contact the
American Cancer Society at
618-998-9898, option #3.



- ♦ Registration begins at 9:00am in the Heartland Regional Medical Center back parking lot:
3333 W. DeYoung Marion, IL (next to Ike Honda on Route 13)
- ♦ 5K will begin at 10:00am next from Heartland's parking lot
- ♦ Type of course: Fast and Flat on low-traffic roads.
- ♦ Registration fee: \$25
Includes t-shirt
- ♦ Timing services provided by Run to Succeed
- ♦ Register by October 21st to guarantee T-Shirt.

Make checks payable to **American Cancer Society** and return bottom of registration form to:
American Cancer Society—4503 W DeYoung, Suite 200C—Marion, IL 62959

Name: _____ **Phone:** _____

Address: _____ **Email:** _____

City/State/ZIP: _____ **Age (on race day):** _____

Circle Gender: M F **Circle One:** 5K Run 5K Walk T-Shirt Only

Circle T-Shirt Size: Youth S Youth M Youth L Adult S Adult M Adult L Adult XL Adult 2XL Adult 3XL

Waiver of Liability:

In consideration of your accepting this entry, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors, and administrators, waive and release any and all claims for damages, actions, and causes of actions against the American Cancer Society, Inc., their affiliates, subsidiaries, officials, representatives, employees, successors, and assigns for any and all injuries suffered by me in this event. I attest and verify that I am physically fit and have sufficiently trained for the completions of this run/walk. Further, I hereby grant full permission for the free use of my name and/or photographs, videotapes, motion pictures, recordings, or any other record of this event for legitimate purpose.

X _____

Participant's Signature (or Parent's signature if under 18 years of age)