

# Registration Form and Payment Information

## SVCA 5K Race and Fun Run

### September 8, 2013

Please mail this form and payment to  
Sheepscot Valley Conservation Association  
624 Sheepscot Road, Newcastle, Maine 04553

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Age on Sept. 8, 2013: \_\_\_\_\_

Gender: M F

T-Shirt Size (circle one): S M L XL

#### Waiver:

I know that running a road race is potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and inconsideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the SVCA, the town of Newcastle, and all event sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Parent's Signature if under 18 years: \_\_\_\_\_

Date: \_\_\_\_\_

Payment Information: The early registration fee (\$20) may be paid by check (made out to Sheepscot Valley Conservation Association) and sent in with this form. Day-of-race payment (\$20) can be either check or cash. To reserve a shirt, registrations must be received by Aug 23.