

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email Address \_\_\_\_\_

Age on Race Day \_\_\_\_\_ Gender M F

Entry Type

\_\_\_\_\_ 5K \$35.00

\_\_\_\_\_ 1 Mile Fun Run \$25.00

Shirt size YS YM YL S M L XL XXL Or Tank Top S M L XL

Additional Donation \_\_\_\_\_

Total Amount Enclosed \_\_\_\_\_

*Make Checks Payable to: YMCA Annual Support Campaign*

Waiver for Save the Day 5k and 1-Mile Participants: I know that running a road race is a potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the event. I assume all risks associated with running/walking in this event including, but not limited to: falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic, and the conditions of the road or trail, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of you accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release the YMCA, the City of Harrisburg, Harrisburg Area Road Runners Club,, the Race Committee, all volunteers, sponsors, their representatives and successors from all claims or liabilities of any kind due to my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I also agree to be contacted by the organizers of sponsors via emails as long as I am given the opportunity to opt out of future mailings. I grant permission to all foregoing to use any photographs, motion pictures, recordings or any other records of this event for any legitimate purpose. I understand that bicycles, skateboards, roller skates or blades, animals and radio headsets are not allowed in the race, and I will abide by these guidelines. If, for reasons out of our control (i.e. inclement weather, etc...), we are unable to hold the event on the scheduled day, the race will be cancelled and not rescheduled. However, we will make all t-shirts available to those that registered prior to the guaranteed tee shirt deadline. We will make every effort to run the race as long as it is safe to do so.

\_\_\_\_\_  
Participant Signature

\_\_\_\_\_  
Parent or Guardian if Under 18

\_\_\_\_\_  
Date