

## What is Best Buddies?

The mission of Best Buddies is to enhance the lives of individuals with intellectual disabilities by providing opportunities for one-to-one friendships and integrated employment. Best Buddies is the first unified, international program that pairs individuals with intellectual disabilities and college or high school students in one-to-one mutually enriching relationships. Best Buddies is a non-profit 501(c)(3) organization incorporated in 1989.

Owen J. Roberts High School is fortunate to be one of the over 1,200 Best Buddies chapters in Colleges and High Schools throughout all 50 states and 22 countries. While participants find part of life's fulfillment in friendship, the Best Buddies pairs are also examples to their communities of acceptance and support for people with intellectual disabilities.

Best Buddies events are funded with the help of chapter fundraisers, sale of Best Buddies merchandise, community support, special events, private and corporate donations and Best Buddies grants. Each member of the buddy pair pays for him or herself in one-to-one activities.



## What is the OJR Education Foundation?

The Foundation is a public charity, 501(c)(3) organization, independent of the Owen J. Roberts School District, dedicated to encouraging community-wide participation and alumni participation and philanthropy in order to enhance and expand enrichment opportunities for all students attending the public elementary, middle and high schools comprising the Owen J. Roberts School District.

Through community support and involvement, the Foundation works to enhance the Owen J. Roberts School District's potential to become a world-class school district by helping bring innovative programs to the classroom that will afford our students the skills and tools necessary to compete in the ever-changing, fast paced global environment.



Register at:  
Chester County Running Store  
38 Glocker Way  
Suburbia Square Shopping Center  
Pottstown, PA 19465  
Phone: 610-327-4843  
Fax: 610-327-4864



Questions and Comments  
Ann Franz  
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# COSTUME RUN 101

5K Run/Walk 1 Mile Fun Run/Walk  
at Owen J. Roberts High School Track

NOVEMBER 5, 2016

Additional Info and Registration

<http://ojrrun101.weebly.com/>



All proceeds from the RUN 101 Costume Run go directly to student programs through the Best Buddies organization and through the OJR Education Foundation.

## Owen J. Roberts High School Pottstown, PA

### Saturday, November 5, 2016

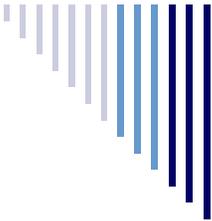
Registration—9:00-10:30

Costume Judging 9:15-10:15

1 Mile Fun Run/Walk—10:00

5K Run & Walk—10:30

**Proceeds from the event will support  
Owen J Roberts  
Best Buddies & Education Foundation.**



# RUN 101

## 5k Run/Walk

### November 5, 2016

#### Course Description

Fun 5K through the scenic campus and rolling roads of northern Chester county finishing in Owen J. Roberts' Wildcat Stadium.

For families there will be a 1 mile fun run/walk in Wildcat Stadium as well as a Wellness Fair and other activities.

#### All advanced registrations will receive:

- Long Sleeve Shirt
- Finisher Medal
- Other participation prize items

#### 5K Prizes:

Top male and female 5K runners will receive gift certificates to Chester County Running Store.

***OTHER PRIZES FOR BEST COSTUME,  
MOST CREATIVE, FUNNIEST, AND MORE!***

No duplication of awards.



#### Registration

**5K Run/Walk** \$30 before October 14, 2016

\$35 on day of run

**Student Discount** \$20 before October 14, 2016

\$25 on day of run

**Fun Walk/Run** \$20 before October 14, 2016

\$25 on day of run

T-shirts will be provided for participants that pre-register and while supplies last on day of event. **Shirts are not guaranteed if not pre-registered.**

#### Where do I register?

On-line at [www.Runcrs.com](http://www.Runcrs.com)

Or

Mail, Fax or drop off your registration form at  
Chester County Running Store  
Suburbia Square Shopping Center  
38 Glocker Way  
Pottstown, PA 19465  
Phone: 610-327-4843  
Fax: 610-327-4864

Make Checks payable to OJR Best Buddies.

#### Location

Owen J. Roberts High School Field

Route 23 & Route 100

Pottstown, PA

#### Schedule\* Rain or Shine

Registration—9:00-10:30

Costume Judging—9:15-10:15

1 Mile Fun Run/Walk—10:00

5K Run & Walk—10:30

Awards @ 11:15

### RUN 101 5K Registration Form

Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ OJR School: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Sex: \_\_\_\_\_

Birth date: \_\_\_\_\_ Age (as of 11/5/16): \_\_\_\_\_

Circle T-Shirt Size:

**Adult:** S M L XL XXL

**Youth:** S M L

Event:

\_\_\_\_\_ 5K Run

\_\_\_\_\_ 5K Run Student

\_\_\_\_\_ 1 Mile Fun Walk/Run

**Waiver:**

In consideration of your acceptance of this entry and participation in the "RUN 101 5k Run/Walk", I, \_\_\_\_\_ (hereinafter referred to as "participant") provide the following indemnification to the Owen J. Roberts School District (hereinafter referred to as "the District") with regard to the "RUN 101 5k Run/Walk", at the District's Wildcat Stadium on Saturday, November 5, 2016.

On behalf of myself, my heirs, executors, administrators, successors and assigned and to the fullest extent permitted by law, I hereby waive and release all rights and claims for damages which I may have against the District, its School Directors, Administration and it's employees, all sponsors, South Coventry Township, or anyone connected with the event and agrees to defend, indemnify and hold harmless from and against any and all claims, suits, judgments, and demands whatsoever, including without limitation, costs, litigation expenses, counsel fees and liabilities with respect to injury, illness to or death of, which I may suffer as a result of taking part in this event. I have been warned that I must be in good health to participate in this event.

Also, none of the above is responsible for neither the loss of personal items nor any other form of aggravation in connection with this event. I grant my permission to use my name or any audio or visual recording for any lawful purpose.

IN WITNESS WHEREOF, and intended to be legally bound thereby, the participant has entered their duly authorized signature below on the date set forth below.

I have read and understand the above waiver:

\_\_\_\_\_  
Signature of Participant Date

\_\_\_\_\_  
Signature of Parent or Guardian (if under 18) Date