



401387134485

"Tell Us About You"
Team Playmakers
Women's 5K Training Team

For Store Use Only

___ **Session Member \$70**

___ **Year Membership \$210**
(4 Sessions + Gear
Coupons, & Races)

___ **Social Member \$70**
(Ask Coach)

About You

Name: _____

Email: _____

Home Address: _____

Phone Numbers: _____ (Home)

_____ (Cell)

Birthdate: ____/____/____ Occupation: _____

Emergency Information:

_____ Emergency Contact Name

_____ Emergency Contact Number

_____ Emergency Medical Information

(e.g. asthma, allergies, diabetes, etc.)

About Your Walking/Running

☐ Session Membership
(January – March includes
gear, coupon, race)

☐ Year Membership
(Includes gear, coupons, races)

☐ Social Team Member
(No gear, coupons, or races)

Which best describes you: ☐ Walker ☐ Run/Walk ☐ Runner

Number of miles currently run/walk each week? And pace if you know it. _____/_____

Longest recent walk/run:

Please tell us about any past injuries and/or health concerns you have that may impact your training:

Is there any fitness or walking/running event you'd like to share with us?

*****Team Goal*****

Winter goal(s): Saturday, March 18 --- Blarney Stone 5K, 10K, and Half Marathon

I need help with: (choose all that apply)

☐ Training Schedule ☐ Motivation
☐ Footwear ☐ Nutrition

☐ Finding a training partner
☐ How to get faster

☐ Staying injury free
☐ Other

Please Sign Waiver(s) to participate with Team Playmakers

I am aware that the risk of injury from my participation in the Team Playmakers training run/walks, exist and there are inherent dangers involved in my participation, including permanent paralysis and death. I assume full responsibility for my participation in any and all such activities associated with Team Playmakers training run/walks, known or unknown, even if arising from the negligence of Playmakers, Inc., their employees and/or volunteers (collectively the "Releasees"). I acknowledge that Releasees are not responsible for any personal injury incident to my participation in the Team Playmakers training run/walks and, in consideration for allowing me to participate in the Team Playmakers training run/walks, I, and my heirs, assigns and personal representative, hereby release, indemnify and hold harmless the Releasees from all claims and expenses, including actual reasonable attorney's fees, arising out of or related in any way to, any and all injuries, disability, death or loss or damage to my person or property, including but not limited to, such claims alleged to arise from the sole negligence of the Releasees.

I HAVE READ THIS WAIVER AND RELEASE AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND SIGN IT FREELY AND VOLUNTARILY.

Participant's Name Printed

Participant's Signature

Date

Authorization to use image or likeness

For Valuable Consideration, which is hereby acknowledged and received, I authorize Playmakers, Inc. and its affiliates, sponsors and corporate partners (hereinafter "Playmakers") to use any photographs, videotapes or other recordings of me that are made during the course of the Team Playmakers run/walks in any and all of its publications, including website entries, without payment or any other consideration to me. I understand and agree that these materials will become the property of Playmakers and will not be returned. I hereby give non-exclusive license and right and irrevocably authorize Playmakers to edit, alter, copy, exhibit, publish or distribute this photo for purposes of publicizing web sites owned by Playmakers or for any other lawful purpose. In addition, I waive the right to inspect or approve the finished product, including written or electronic copy, wherein my likeness appears. Additionally, I waive the right to any royalties or other compensation arising or related to the use of the photograph. I hereby hold harmless and release and forever discharge Playmakers from all claims, demands and causes of action which I, my heirs, representatives, executors, administrators or any other person acting on my behalf or on behalf of my estate have or may have by reasons of this authorization.

I HAVE READ THIS AUTHORIZATION, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND SIGN IT FREELY AND VOLUNTARILY.

Participant's Name Printed

Participant's Signature

Date