



5th Annual "Ryan's High Five" 5K Run/Walk

Benefits: Ryan Bradford II Memorial Fund
Social Distancing & Face Mask Rules Apply



When: Sunday, November 8, 2020, 9 a.m., Rain or Shine. Healthy Kids Run (kids 10 & under) starts at 8:50 a.m.

Where: Magnolia Volunteer Fire Department, 2 North Main Street, Magnolia, DE 19962

Course: 5K Run/Walk is on flat paved country roads around Magnolia and is very fast!

Registration: \$20 until Nov 1 and \$25 after. Entry fee is FREE with \$100 in donations (per participant)! Registration starts at 8 a.m. Kids race is FREE! Make checks payable to the Ryan Bradford II Memorial Fund and mail to TriSports Events, 2772 Hazlettville Road, Dover, DE 19904. Questions? Contact Ray at 302-674-3213 or email Ray@TriSportsEvents.com. Register online at TriSportsEvents.Com.

Silent Hero: Can't make this event but would like to show your support? Register as a Silent Hero (shirt must be picked up).

Awards: Unique awards for overall male, female and master's winners and top 3 male & female runners in 10 year age groups starting with 14 & under, thru 70 & over. 5K walk awards for top 5 male & female finishers. Ribbons to all Healthy Kids race finishers.

Amenities: "Ryan's High Five 5K" event shirts to all registered participants. Post-race festivities include food and beverage. [Results/photos posted at TriSportsEvents.Com](http://TriSportsEvents.Com).

Benefits: In celebration of Ryan's life, this event will benefit the community by bringing smiles to the faces of other children like Ryan through the many organizations that he was part of. Here are a few of the organizations that he was very active in: DFRC, Caesar Rodney FFA, Special Olympics Delaware, and the Caesar Rodney Soccer Program.

This is a TriSports Events Chip Timed Production

-----ENTRY FORM-----

WAIVER AND RELEASE OF LIABILITY: I know that running/walking a road race is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained. I assume all risks associated with running/walking this event including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, extreme cold, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry to participate in the Ryan's High Five 5K Run/Walk and Healthy Kids Run, I, for myself and anyone entitled to act on my behalf, waive and release the TriSports Events Management, Ryan Bradford II Memorial Fund, Magnolia Volunteer Fire Company, the Town of Magnolia, The State of Delaware and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I hereby give my permission to the event organizers and sponsors to use my name and/or picture in any publication, broadcast, telecast or other account of this event without limitation or obligation of further compensation thereof. We discourage unofficial entrants, roller blades, bicycles & the wearing of headphones for the safety of all participants. I understand that my entry fee/donation is non-refundable. By signing this waiver and release I certify that I fully understand its significance. I understand that I am required to comply with all social distancing and face mask rules.

Age Day of Race _____ Sex: ☐ M ☐ F T-shirt Size: S M L XL XXL

Print Name: _____ Email: _____

Address: _____
Street or P.O. Box) City State Zip

Phone: () _____ Circle One: 5K Run 5K Walk Silent Hero

Signature: _____
(All participants are required to sign waiver - Signature of parent or guardian if entrant is under 18)

COVID-19 Run/Walk Social Distancing & Face Mask Requirements

We appreciate your support of the Ryan's High Five 5K Run/Walk. The Ryan Bradford II Memorial Fund and TriSports Events along with YOUR COMPLIANCE will do everything possible to ensure that ALL of us stay safe during the course of this event.

We can all still have a great time while competing and visiting with friends but we must do so cautiously. In an effort to do this, we ask your cooperation in following the below guidelines.

- **Must be Healthy** - You and/or your guess must be healthy to participant or attend this event. If in doubt, stay home!
- **Limited Participation** - Limited to 250 participants. No exceptions!
- **Registration** - Online or mail in paper registration strongly encouraged. Event day registration will be available following facemask and social distancing guidelines. NO MASK NO SERVICE FOR THE PROTECTION OF EVERYONE!
- **Packet pickup** – Must wear a face mask and follow social distancing guidelines.
- **Social distancing** - Distancing of 6+ feet must be followed at all times before, during, and after the race. No group gatherings at any time unless with immediate family members. Guest or participants must not crowd the start/finish area.
- **Face Mask** - Must be worn before and after the race but may be removed during the race.
- **Start Procedures** - A social distancing spread or staggered start based on the number of participants will be followed as specified by the TriSports Events.
- **Hand Sanitizer** - We encourage you to wash and sanitized often and keep your hands away from your face. Sanitizer will be available.
- **Awards** - A social distancing awards ceremony will take place immediately after the last finisher crosses the line. All event activities will be held outdoors.
- **Guideline Compliance** - Your signature on the electronic or paper entry form is your social contract to follow all facemask and social distancing guidelines both written and/or as directed by race officials on the day of the event.
- **Entry Refusal** - For the health and safety of all in attendance, we reserve the right to refuse your entry into this event based on your refusal to follow CDC, state, and TriSports event specific guidelines.

Sign Name: _____ Date: _____

Print Name: _____