

AWARDS

Awards will be given to the Top 10 Best Hands. Award ceremony will be held in the Y Park immediately following the completion of the one-mile fun run.

T-SHIRTS

All participants who preregister by September 26 will be guaranteed a race shirt. Late and race day registrations will be provided a shirt if supply is available.

COURSE

Participants will run/walk the one mile loop around downtown Albemarle. There will be five stops along the course to pick up a card. Upon completion each participant will have a playing hand.



REGISTRATION

Register at the Stanly County Family YMCA or **ONLINE AT:** runsSignup.com

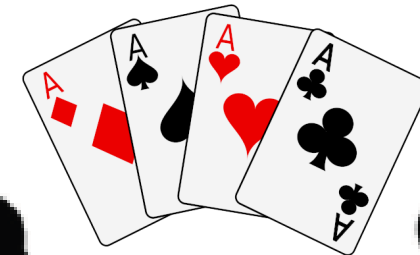
My name is Taya Joseph. I am a senior at Albemarle High School. I am captain of the women's varsity basketball team, president of the National Honor Society, and I have a strong passion for academics and research. Throughout my life numerous diseases, infectious and noninfectious have effected my family.

I chose to research and base my senior project on Sickle Cell Disease because I feel that many communities lack knowledge on how individuals with SCD are effected. I chose to hold a Fun Run, a mile in length, with five booths for participants to pick up a card along the run. In conclusion of the race the participants with the top ten best hands win. Overall, I wish to create a strong sense of awareness revolving Sickle Cell Disease in Stanly County.



Albemarle Pediatrics

Seven Oaks Doors & Hardware



October 1, 2016
8:00 AM
YMCA Park, Albemarle

BEST HAND FUN RUN REGISTRATION

Make Checks Payable to: Stanly County Family YMCA

FACTS TO KNOW ABOUT SICKLE CELL DISEASE

- ◆ Sickle Cell Disease effects minorities, predominantly African Americans, and can induce cardiac arrest and strokes.
- ◆ There is no universal cure for Sickle Cell Disease
- ◆ Approximately 100,000 people in the U.S. have Sickle Cell Disease and 2 million have the Sickle Cell Trait
- ◆ Sickle Cell Disease can limit the participation of individuals in athletics
- ◆ From 1979 to 2005, 16,654 deaths were related to Sickle Cell Disease



Preferred T-Shirt Size:

- Small
- Medium
- Large
- XLarge
- 2X Large

Entry Fee
\$15
\$25 Race Day

Please add \$_____ to my registration fee as an additional contribution.

Name: _____

Street Address: _____

City/State/Zip: _____

Phone: _____

Email: _____

Emergency Contact Name and Number: _____

Birthdate: _____

Gender: _____

Participating in the Best Hand Fun Run is a potentially hazardous activity. I agree to abide by an decision by the race officials. I assume all risks associated with participating in this event, including, but not limited to falls, contact with others or injury from cars. Having read this waiver and in consideration of entry acceptance, I, myself or anyone entitled to act on my behalf, waive, and release all sponsors of this event and the Stanly County Family YMCA from all claims or liabilities arising out of participation in this event. I grant permission to use my photograph, motion pictures, recordings or other record of this event for legitimate purposes. I, intending to be legally bound hereby, for myself, my heirs, executors and/or administrators, waive and release any and all rights and claims for damages I may have or that may accrue against the coordination committee or their agencies, officers and employees for any and all injuries suffered in the 2016 Best Hand Fun R un

PRINTED NAME _____

SIGNATURE: _____
(Parents must sign for participants under the age of 18)

