

## Event Information

### Starting Time:

8:00am – 1-mile Fun Run/Walk  
9:00am – 5k Run/Walk  
10:00am – 5k Award Ceremony

### Entry Fee:

\$20 – 1-mile Fun Run/Walk  
\$30 – 5k Pre-Registration

\*Register by November 30<sup>th</sup> to  
guarantee your t-shirt\*

\$35 – Race Day Registration

### Registration:

[ragdaleymca.org/reindeerromp](http://ragdaleymca.org/reindeerromp)

By mail, or in person at the  
Mary Perry Ragsdale Family YMCA

### Packet Pickup:

Friday, December 8<sup>th</sup>  
Ragsdale Family YMCA  
3:00pm – 6:00pm

### Late Registration:

Begins at 7:00am at the Ragsdale YMCA  
the day of the race. Registration for 5k  
closes at 8:15am.

### Age Divisions:

0-9, 10-11, 12-14, 15-19, 20-24,  
25-29, 30-34, 35-39, 40-44, 45-49,  
50-54, 55-59, 60-64, 65-69, 70 & Up

## Participant Information:

T-shirts are guaranteed to those who  
register by November 30<sup>th</sup>. Available  
thereafter while supplies last.

Refreshments provided after the event  
for participants. Recycling bins will be  
available. Shower facilities are available  
inside the Ragsdale Family YMCA.

Ties are not allowed in the finish line  
positions. All decisions concerning the  
order of finish are final as the rules by  
the Race Committee. 5k Race will be  
timed by Trivium Racing Company.

For directions,

Call: 336.882.9622

Email: [Marlee.Rindal@ymcagreensboro.org](mailto:Marlee.Rindal@ymcagreensboro.org)

Race Director:

Marlee Rindal, Wellness Director  
Ragsdale Family YMCA

### Awards:

The 1-mile Fun Run/Walk awards will be  
given to the top three overall finishers  
immediately following the race.

The 5k awards will be given to the top  
three male and female finishers in each  
age group.

### MAIL ENTRY FEE AND COMPLETED REGISTRATION FORM TO:

Mary Perry Ragsdale Family YMCA, 900 Bonner Drive, Jamestown, NC 27282

Name: \_\_\_\_\_ Email: \_\_\_\_\_ Print clearly!

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Circle One: 1-Mile Fun Run/Walk 5k Run/Walk Birthdate: \_\_\_\_\_ Age Day of Race: \_\_\_\_\_

Gender: Male Female Shirt Size: YOUTH Small Medium Large ADULT Small Medium Large X-Large XX-Large

**Waiver:** In consideration of the acceptance of this entry, I hereby, for myself, my heirs, executors, administrators, and assigns, release, and discharge the YMCA and all other contributing sponsors and organizers from injury or loss which might occur during my participation and travel to or from said event, the Ragsdale YMCA Reindeer Romp to be held on December 9 2017. I specifically release and discharge the said promoters and sponsors from all injuries and/or damages arising from or contributed to, by any physical impairment or defect I may have, whether latent or patent, and agree that they are under no obligation to provide a physical examination or other evidence of my fitness to participate in such event, the same being my sole responsibility. I understand the registration fee is not refundable.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Parent/Guardian if Under 18: \_\_\_\_\_



**YMCA of Greensboro**

620 Green Valley Road, Ste. 210  
Greensboro, NC 27408

Non-Profit Org.  
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Permit No. 241

YMCA Mission: To put Judeo-Christian principles into practice  
through programs that build a healthy spirit, mind, and body for all.



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**Katherine A. Ragsdale**

# REINDEER ROMP **14TH ANNUAL**



Saturday, December 9, 2017  
8:00am 1-Mile Fun Run/Walk  
9:00am 5k Run/Walk

Mary Perry Ragsdale Family YMCA  
900 Bonner Dr., Jamestown, NC 27282  
336.882.9622 ragsdaleymca.org

## The Cause

The Annual Giving Campaign provides scholarships for people who need our Y's services. We provide program and membership scholarships for all ages and abilities regardless of their ability to pay. The Annual Giving Campaign also supports the following free programs:

- LiveSTRONG Cancer Survivor program
- FITting Another Piece in the Puzzle
- Parkinson's Cycle classes
- At a minimal fee, Adaptive Swim Lessons
- and Many More!

When you register for the Reindeer Romp you make it possible for everyone to have access to Youth Development, Healthy Living and Social Responsibility.



## Become a Sponsor

Want your company logo displayed on the back of the race t-shirt? With your sponsorship of the Reindeer Romp, you can make that happen. Sponsor the Reindeer Romp for as little as \$250. Contact our Race Director, Marlee Rindal, for more information today – 336.882.9622 x238.