#### LCS WAIVER AND RELEASE

FOR 5K WALK/RUN, CHILDREN'S FUN RUN & FALL FESTIVAL

Waiver and Release: I recognize that participation in this activity and all children's activities may involve certain hazards. I understand that I should not participate unless medically able. I assume risks associated with the involvement in this activity, including but not limited to falls, contact with participants, effects of weather and road conditions-these risks are known and appreciated by me. Having read this waiver and release, and considering the acceptance of my application, I for myself and anyone entitled to act on my behalf, waive and release Lansing Christian School, all race directors, committee members, volunteers, all sponsors and their representatives and successors, from any claim of liability arising from my involvement in this activity. I am physically fit and sufficiently trained to participate in this event.

Signature of Participant:

| Date: |  |  |  |  |  |  |  |  |  |  |
|-------|--|--|--|--|--|--|--|--|--|--|
|-------|--|--|--|--|--|--|--|--|--|--|

Parent/Guardian Signature:

If under 18, parent or Guardian must also sign.

Date:



#### Children's Fun Run



5K Walk/Run Map





GROWING MINDS. NURTURING FAITH. PREPARING LIVES.

3405 Belle Chase Way Lansing, MI 48911 Ph. 517.882.5779 Fax 517.882.5849 www.lansingchristianschool.org



Saturday
October 5, 2013
Starting at 9 am



# 5K WALK/RUN Children's Fun Run & Fall Festival

That they might set their hope in God Psalm 78:7

# +

# **5** WALK/RUN, Children's Fun Run & Fall Festival

We invite you to join us for a fun filled day promoting health for all ages. Proceeds will benefit LCS tuition grants and scholarships.

## 5K WALK/RUN & Children's Fun Run Schedule of Events

8-8:50 am Packet pick up & Late Registration

9:00 am 5K WALK/RUN

10:00 am Children's 1 Mile Fun Run

11:00 am Medal Distribution

12:00 pm Lunch

- Lunch is included in the 5K & Children's fun run fee. To purchase a lunch only pass cost is \$5 each.
- Receive a free T-shirt if registered by September 20, 2013
- 5K WALK/RUN winner in each age group receives an award
- Children's Fun Run participants receive a medal

**Questions?** For 5K Sponsorship information contact Carol Feuss (517.882.5779 x103 or cfeuss@lansingchristianschool.org)

# **Fall Festival** 1:00 - 4:00 pm

#### Join us at 1:00 pm for family fun

- Inflatable Toys
- Pumpkin Patch
- Cake Walk
- Carnival Games
- Face Painting
- Cotton Candy
- Petting Zoo
- Crafts

#### **Fall Festival Tickets**

\$8 per child before October 4, 2013 or \$10 per child on October 5, 2013 \$5 per person lunch pass



Lansing Christian School partners with Christian parents and churches, guiding students in developing a biblical world view and Christian character.

### LCS 5K WALK/RUN, Children's Fun Run & Fall Festival 2013 Registration

| _as                          | t Name:  |           |            |        |       |         |  |
|------------------------------|--|-----------|------------|--------|-------|---------|--|
| Firs<br><b>PI</b>            | t Name:<br>ease compl                                | ete one   | entry f    | orm    | per p | erson.  |  |
| chile                        | nily registra<br>d name, age<br>orms togethe         | , gender  | and T-     | shirt  | size  | Turn in |  |
| Ema                          | ail:   |           |            |        |       |         |  |
| Stre                         | et:  |           |            |        |       |         |  |
| City                         | :  |           |            | State  | e:    | _       |  |
| Zip:                         |  |           |            | _      |       |         |  |
|                              | ne:  |           |            | _      |       |         |  |
| Age (as of 10/5/13): Gender: |  |           |            |        |       |         |  |
| T-S                          | hirt Size (Cir                                       | cle one): |            |        |       |         |  |
| You<br>Adı                   | -  | -         | M<br>M     | L<br>L | XL    | XXL     |  |
| Plea                         | ase mark all   | that ap   | ply:       |        |       |         |  |
|                              | 5K Early - \$  | 25        |            |        |       |         |  |
|                              | 5K Late (Af  | ter 9/20/ | /13) - \$3 | 30     |       |         |  |
|                              | 5K Family (maximum 4 people) - \$60                  |           |            |        |       |         |  |
|                              | 5K LCS Student - \$10                                |           |            |        |       |         |  |
|                              | Children's 1 Mile Fun Run - \$5                      |           |            |        |       |         |  |
|                              | Lunch Only   | - \$5     |            |        |       |         |  |
|                              | Fall Festival - \$8 per child (\$5 children under 5) |           |            |        |       |         |  |
|                              | Fall Festival Family - \$24 per family               |           |            |        |       |         |  |
|                              | Fall Festival (after 10/4/13) - \$10 per child       |           |            |        |       |         |  |
|                              | Contribution/Sponsorship \$                          |           |            |        |       |         |  |
| Ple                          | ase make cl  | necks ou  | it to Lar  | nsino  | Chris | tian    |  |

School. Bring your completed form with payment

to the LCS main office OR mail to Sheri Shank -

MI 48911: OR fax to 517.882.5849.

5K/Fall Festival, 3405 Belle Chase Way, Lansing,