



EQUINES
FOR FREEDOM

2nd ANNUAL 5K RUN / 5K FUN WALK / 1 MILE KIDS FUN RUN

September 18, 2016 @ 10 AM

Lake Carey Volunteer Fire Dept. 16 Siren Road, Tunkhannock, PA

Benefit: This is a fundraising event for Equines for Freedom, a non-profit formed to provide equine-assisted PTSD treatment to current and former service members of the United States military regardless of the source of trauma or their characterization of service, at no charge to the service member. 100% of the proceeds from this event go directly to treatment of veterans. The therapy will be provided by a Licensed Psychologist and Certified Equine Specialist utilizing the Equilateral Model which combines the horse and EMDR (Eye Movement Desensitization and Reprocessing).

Pre-Register by Mail/Online: \$15.00 — Deadline **Sunday, September 11thⁿ** (Includes T-Shirt & other complimentary items)

Race day Registration: \$20.00 - 8:00 AM to 9:45 AM at the Lake Carey Volunteer Fire Department (Limited quantity & sizes of T-Shirts & other complimentary items)

-----Cut Here -Complete, Sign & Return with Payment-----

Name: _____

Phone: _____

Address: _____

E-Mail: _____

WAIVER APPROVAL: (ALL ENTRANTS MUST SIGN)

"If necessary, I hereby authorize the above-named runner/walker to be treated by any qualified, licensed medical personnel" "I know that participating in a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to safely completing the run/walk. I assume all risks associated with running in this event including but not limited to falls, contact with other participants, the effects of weather, and all such risks being known and appreciated by me. Having read this waiver and knowing these facts, I

Age: _____

Gender: Male Female

Participation: Run Walk

Shirt Size: S M L XL XXL

waive and release Equines for Freedom, the Lake Care Volunteer Fire Department and all sponsors and volunteers from all claims or liabilities of any kind arising out of my participation in this event."

Signature: _____

Date: _____

If under 18, a signature of a parent is required prior to participation.

Notice - Equines for Freedom has 501 (c)(3) status