

HEARTS + HEROES!



Saturday, November 19, 2016
AMERSON RIVER PARK -551 N.
PIERCE DRIVE Macon, GA

5k+Fun walk

Benefitting: **NECCO**

Hearts + Heroes will take place at Amerson river park. Check in and late registration at the Pavilion.

Fun Walk begins at 9:15 am • 5K begins at 9 am
Awards Ceremony begins at 10:30 am

Age Groups

5 & UNDER, 6-9, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39,
40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75 & UP

Register online at heartsheroes.com or using the form below. Call 478.254.2902 for more information.

Open your heart + become
a hero!

Unleash your inner hero at our 5K or Fun Walk benefiting NECCO. Events begin at 9:00AM rain or shine.

REGISTRATION FEES: \$25 5K RUN • \$15 5K RUN 12 & UNDER • \$15 FUNWALK
REGISTRATION FEE INCLUDES T-SHIRT

AWARDS:

- Top 5 from the Fun Walk.
- Top male and female finishers from each of 16 age groups.
- Top 3 Male 5K overall finishers.
- Top 3 Female 5K overall finishers.
- Prestigious masters award; Top 3 Male 40 & older, Top 3 Female 40 & older

Race packets must be picked up at Necco-Macon: November 17th & 18th (150 Northcrest Blvd. Macon)

Participant information

REGISTER ONLINE AT HEARTSHEROES.COM OR MAIL THIS FORM TO: NECCO, 150 NORTH CREST BLVD., MACON, GA 31210

LAST _____ FIRST _____

PHONE _____ EMAIL ADDRESS _____

MAILING ADDRESS _____

CITY _____ STATE _____ ZIP _____

BIRTH DATE ____ / ____ / ____ AGE ON RACE DAY _____ SEX MALE FEMALE

T-SHIRT ADULT SIZES: ☐ S ☐ M ☐ L ☐ XL ☐ 2XL ☐ 3XL ☐ 4XL

YOUTH SIZES: ☐ XS ☐ S ☐ M ☐ L

SIZE AVAILABILITY IS BASED ON FIRST COME FIRST SERVE BASIS. PLEASE CHECKED PREFERRED T-SHIRT SIZE.

CHECK ONE ☐ SHIRT ONLY \$12 ☐ 5K RUN (3.1 MILES) \$25 ADULTS, \$15 12 & UNDER ☐ FUN WALK \$15 ALL AGES

PLEASE INCLOSE PAYMENT WITH THIS REGISTRATION FORM

MAKE CHECKS PAYABLE TO: "NECCO-MACON" RELEASE ON REVERSE MUST BE SIGNED



OPEN YOUR HEART + BECOME A HERO!

What is
NECCO
necco.org

Why Adoption?

Of the nearly 400,000 American children in foster care* roughly 50% of them are unable to return to their biological homes. When people open their hearts to become the new family to a child, they forever become heroes.

In celebration of that open homes and hearts Amerson River Park and local sponsorship is hosting this special event in support of Necco, just one great organization helping to place children in safe & secure homes.

Dress the part!

Show your support of this great cause by dressing up for our hero themed 5K and Fun Walk!



We Build Families.

Necco serves at-risk youth of all ages and families who face an array of challenges. Our approach is simple. Everyone needs a family, and families come in many forms.

Whether it's the one you're born with, the one that fostered or adopted you, a supported living family dedicated to special needs, or the family you create for yourself as a young adult, Necco builds families of all types.

Necco meets individuals where they happen to be in life and offers an array of services designed to create a safe and stable family environment. We provide services like therapeutic foster care, alternatives to secure detention, independent living, and more.

learn more at:
necco.org

BE A HERO!

Are you excited for this race! Help us get others excited too... simply put on your hero mask and update your profile picture on your social media accounts.

#Heartsheroes OFFICIAL EVENT HASHTAG



HEARTS + HEROES 5K + FUN WALK | NOVEMBER 19th, 2016 | Release

In consideration of your acceptance of this entry, I, the undersigned, intending to be legally bound for myself, my heirs, executors, and administrators, do hereby waive and release all rights and claims for damages I may have against Necco and any and all sponsors and officials of this race from any liability arising from illness, injuries, and damages I may suffer as a result of my participation in the event. I attest and verify that I am physically fit and have sufficiently trained for this event. I give my permission for the use of my picture and name in any media coverage of this event.

SIGNATURE _____

GUARDIAN SIGNATURE REQUIRED IF UNDER AGE 18

DATE _____