



CENTRAL JERSEY ROAD RUNNERS CLUB presents their 41st ANNUAL HANGOVER 5k

January 1st, 2024
Westfield, NJ
Rain or Shine*

WHERE

Tamaques Park
1081 Lamberts Mill Rd
Westfield, NJ 07090

WHEN*

Packet Pick up: 10:30 AM-11:45 AM Race Day
5k Run/walk: 12 PM Noon

REGISTRATION & INFORMATION

PLEASE NOTE: Online Registration Closes Dec 20th at 11:59 PM!!

- Pre-Reg ONLY. NO RACE DAY REGISTRATION
Register at: <http://hangover5k.org/>

For the latest Hangover information, maps to the race, and course maps, log on to www.cjrrc.org. Click on CJRRC Races.

REGISTRATION FEES [online only]

5k until Oct 31st at 11:59 PM - \$40; then \$45 until 12/20
USATF-NJ until Oct 31st at 11:59 PM - \$37, then \$42 until 12/20
CJRRC until Oct 31st at 11:59 PM—\$30; then \$35 until 12/20

5K AWARDS

Top Overall (M & F) 3 deep and Wheelchair Overall (M & F) 3 deep; top masters (M & F) 3 deep; and top 3 (M & F) in the following age groups: 9 and under; 10-13; 14-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80-84; 85-89; 90 and over.
No duplicate awards.

- Awards distributed for Overall Male/Female, Overall Wheelchair Male/Female, and Overall Masters Male/Female categories only at 12:45 PM.
- Age Group winners can check results and pick up their awards at a designated location near the race course as the race results are completed in each age group category.

AMENITIES

Post race refreshments. Hangover hooded sweatshirt guaranteed for ALL Pre-Registrants.

***IN CASE OF UNSETTLED WEATHER, CHECK www.cjrrc.org
FOR THE LATEST INFO CONCERNING THE STATUS OF THE RACE. Strollers are not allowed without prior written permission. For the safety of all, no dogs are allowed.**

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NO RACE DAY REG

Timing and
Pre-registration by



USATF
NEW JERSEY

500 Point Event

USATF CERTIFIED COURSE
USATF SANCTIONED EVENT 2024