



**2017 Ethan's Heart Journey 5K & 1 Mile Fun Run/Walk~ Sunday, October 8th  
AWARDS CEREMONY, RAFFLES AND FAMILY FUN ACTIVITIES**

~Pottstown Riverfront Park~ 140 College Drive Pottstown, PA 19464

5K Run begins at 8:30am Walk-up registration will begin at 7:30am

1 Mile Fun Run/Walk from 10am-11:30am following 5K Awards and Raffles

Funds raised benefit Ethan Schwartz & CADES where he attends school



Please join us for the 5<sup>th</sup> Annual Ethan's Heart Journey 5K and 1 Mile Fun Run/Walk on October 8<sup>th</sup> at Pottstown Riverfront Park with race timing services provided once again by Chester County Running Store. This year the proceeds will not only help ease the financial burden for Ethan's extensive care, but also fund adaptive technology, providing mobility to the wonderful children and adults that attend CADES in Swarthmore, Pennsylvania. Come on out to run or walk, and to enjoy the family fun and raffles in a beautiful setting!

Ethan Schwartz is an amazing 7-year-old boy born with the same heart defect as Jimmy Kimmel's son Billy. Despite four separate heart surgeries, ranging from 8 days old to just over 2 years old, doctors were unable to repair Ethan's heart. Weeks after his 2<sup>nd</sup> Birthday, Ethan suffered a cardiac arrest which led to a severe anoxic brain injury. Ethan is wheelchair bound with Spastic Quadriplegia Cerebral Palsy. Despite the incredible odds stacked against him, he has continued to surprise everyone with his strength and determination to live.

Everyone wants their child to have the opportunity to flourish and engage with their world. When your child is extremely medically fragile, and completely dependent on others for every task of daily life, the term "it takes a village" gains a whole new meaning. As Ethan grows, he requires new equipment to accommodate his needs and allow him to engage in the outside world. This year, Ethan requires an electric wheelchair, as his current chair is not able to handle his muscle tone or the life sustaining medical equipment that must accompany him. It has become increasingly difficult for caretakers to push Ethan's chair on anything but a flat surface. Ethan is unable to take a stroll in his own neighborhood as there are far too many hills. Insurance will not approve all--or potentially not any--of this new chair. There are also many more costs for Ethan's care not covered by medical insurance as Ethan requires vigilant care 24/7, therapies to maximize his cognitive and physical abilities, frequent hospital and doctor visits, and significant travel expenses.

Ethan loves attending the CADES George Crothers Memorial School with his friends in Swarthmore, Pennsylvania. It is worth the very long trip every day from Gilbertsville, as there are no other adequate programs available closer to home. The staff members are simply amazing. They believe in Ethan and his friends so much. It shows in everything that they do. It is easy to see Ethan's happiness as he is pictured with his Aid, Lorraine. Everyone is so accommodating to the families and bring such joy to their students.



To learn more about Ethan's journey, please visit: <http://youtu.be/ZRAthgyCCx8>. You can also learn more about CADES: <http://youtu.be/ol0TKI71ScU>. Questions? Please contact Janice Hansen: [j717hansen@gmail.com](mailto:j717hansen@gmail.com).

Direct donations are welcome online when you register, in person the day of the race, or mailed to:  
The Ethan Schwartz Special Needs Trust PO Box 486, Gilbertsville, PA 19525



Checks can be made out to CADES or The Ethan Schwartz Special Needs Trust. All CADES checks will be tabulated and delivered together to CADES in person.

You can register with the mail-in form below or online at: <http://runsignup.com/2017ethansheartjourney5k>

**Mail-in Registration for Ethan's Heart Journey 5K & 1 Mile Fun Run/Walk**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Gender: \_\_\_\_\_ Age on race day: \_\_\_\_\_ **\*\*Awards will be presented to overall male & female winners & for the top runners in all age groups for the 5K: 11 years & under, 12-15, 16-19, 20-29, 30-39, 40-49, 50-59, 60 & over.**

Event (please check):  5K Run (fee based)  5K Run (pledge based)  
 1 Mile Fun Run/Walk (fee based) or  1 Mile Fun Run/Walk (pledge based)

T-shirt size (adults): S or M or L or XL or XXL (children): M or L

Cost (please check amount included):

\$25 adults (includes t-shirt)  \$30 adults on-site day of race

\$15 kids 3 to 12 (includes t-shirt)  \$20 kids 3 to 12 on-site day of race

I pledge to bring at least \$25 in collected donations to guarantee my event t-shirt in lieu of paying a fee (this process is easy on runccrs.com)

**\*\*Register by 9/29 to guarantee your event t-shirt \*\*Kids 2 and under are free**

Mail-in registration form and fees to: The Ethan Schwartz Special Needs Trust, PO Box 486, Gilbertsville, PA 19525

In consideration of this entry being accepted, I hereby, for myself, my heirs, executors and administrators, waive and release any claims that I may have against the borough of Pottstown, the township, the race organizers, the sponsors, and their representative, successors, or assignees for any injuries that may be suffered by me in this event. I also give permission for the use of my name and/or picture in any newspaper, website, broadcast, or other account of this event. I certify that I am in good physical condition for this event. No refunds available.

Signature: \_\_\_\_\_ Name (please print): \_\_\_\_\_