



THE WAPAK YMCA'S 5TH ANNUAL MONSTER DASH 5K & LITTLE MONSTER 1-MILER Monday, October 24, 2016

Little Monster 1-Miler: 5:45pm Start (ages 12 & Under)

Monster Dash 5K: 6:30pm Start

Course: This course begins at the Wapakoneta Board of Education and proceeds through neighborhoods in the "flower streets". Show your Halloween spirit and run in costume! All those who arrive in costume will have a chance to enter a drawing for some ghoulish prizes!

Registration Fees: \$25 Pre-registration, includes long sleeve T-shirt (must be postmarked by October 3)

\$12 Pre-registration, no shirt (must be postmarked by October 3)

\$27 Race Day with long-sleeve T (must be postmarked by Oct 17 or sign up day of event)

\$15 Race Day registration, no T-shirt (must be postmarked by Oct 17 or sign up day of event)

No Refunds. Shirts will not be mailed after the race. A limited # of shirts available day of race—shirts not guaranteed after October 3 deadline.

Register Online: Register online through www.wapakymca.org or through www.speedysneakers.com via the 2016 Race Calendar. Online registrations include a nominal processing fee. Online registration ends October 21.

Team Entries: **Little Monster's only:** Round up 5 or more individuals and form a themed group! Pre-registration only. Each team member take \$5 off the pre-registration price (with or without long-sleeve T). Each individual must have team and captain name on form. The team with the fastest time based on first five finishers will receive a free YMCA rental for the team, complete with the Dinosaur Bounce House!

Corporate Entries: Monster Dash only: Businesses can gather 5 employees and form a themed corporate entry! Pre-registration only and multiple teams from same business are welcome. Each team member take \$5 off the pre-registration price (with or without long-sleeve T). Each individual must have the team and captain name on form. The team with the fastest time will receive a corporate trophy to display at their business and each team member will receive a free one-month of membership at the YMCA!

Timing: Chip timing will be provided by Speedy Sneakers.

Packet Pick-up: **Race Day: 4:30 -6:15 pm at the Wapakoneta Family YMCA**

Awards: **Monster Dash:** Medal, \$25 cash & free entry next year to top male and female overall
Medals to top male and female in each age group (14 & Under, 15-19, 20-24, 25-29, 30-34...65-69, 70 & Over)

Little Monster: All participants receive a medal
Top girl and boy in each age group receive a trophy (0-3, 4-7, 8-10, 11-12)

Contact Info: Kelly Duff, 419-739-9622 or kduff@wapakymca.org

Make checks payable to Wapak Family YMCA

Mail registration to: Wapak YMCA, Attn: Kelly, 1100 Defiance, Wapakoneta, OH 45895

Race Details: Please park your Brooms (vehicles) in the YMCA side parking lot.

Packet pick-up and day of race registration at the Wapakoneta Family YMCA.

Race begins at the Wapak Board of Education on Gardenia Dr. (across from the YMCA).

Jogging strollers welcome—no charge for those in a stroller if accompanying a paid individual.

Course time limit for Little Monster 1-Miler is 40 minutes.

Meet at YMCA after the event for a GRAVEYARD SMASH! Food, drinks, music, awards and SPOOKTACULAR door prizes from local businesses!

Please check one: Little Monster 1-Miler-Individual Little Monster 1-Miler-Team Monster Dash 5K-Individual Monster Dash 5K-Corporate Team



Name _____ Gender: M F

Address _____ City _____ State _____ Zip _____

Age (race day) _____ Birthdate _____ E-mail Address _____

Shirt Size: Youth : XS₍₂₋₄₎ S₍₆₋₈₎ M₍₁₀₋₁₂₎ L₍₁₄₋₁₆₎ XL₍₁₈₋₂₀₎

Road to Fitness

Adult: S M L XL XXL (add \$3)

Challenge : Yes No

Emergency Contact Name _____ Phone # _____

Corporate/Team Name _____

Team Captain(must be 18 years or older) _____

Total Due \$ _____ (Team & Corporate entries take \$5 off—Pre-registration only)

Payment Info: Cash Check Credit Card Visa M/C Discover Name on Card _____

Card # _____ Exp _____ Security Code _____

Liability Release

I agree to the following: I understand the risks associated with the activity I or my son, daughter, or their child will engage in at the YMCA, and being so informed, I knowingly accept these risks and consent to participation in the activity. I will supervise my child's participation, if I believe it is prudent. I release the Wapakoneta Family YMCA and agree to hold it harmless from any and all liability, damage or loss of any kind whatsoever caused by my participation or the participation of my son, daughter or other child in the above referenced activity. I have agreed to the above statements, release, and indemnification provision on my own behalf, on behalf of my heirs, executors, personal representatives, and assigns and I intend to be legally bound hereby. I grant permission to the Wapakoneta Family YMCA to publish, distribute, or otherwise use photographs taken of me, my child, or other participants during any and all YMCA activities for YMCA promotional purposes.

Date: _____ Signature: _____

(Parent signature if entrant is under 18)