



**GA5K – It’s More Than Just a Road Race.
It’s Part of Glen Allen Day, too!**

The Glen Allen Ruritan Club in association with Henrico Recreation and Parks will host **Glen Allen Day** on September 15, 2018.

One of Henrico County's largest outdoor festivals, Glen Allen Day, held at Crump Park in Glen Allen, includes two stages of local live music, a petting zoo, crafts, great food, over 100 exhibitors, and activities for all ages.

Again this year in association with Glen Allen High School, Glen Allen Day kicks off at 8 AM with the GA5K, a 5K fun run for participants of all ages.

Race spectators and participants should stay for the traditional Glen Allen Day Parade that begins at 9:30 and traverses Mountain Road to the festival at Crump Park. The festival starts after the parade and lasts until 4 PM.

Concessions will be available for purchase at Crump Park.

For Glen Allen Day details, including exhibitor and participant applications, please visit www.glenallday.org or call the Glen Allen Ruritan hotline 804-257-9605.