Sunday October 2, 2016 Start Time 8:00 AM – RUN/WALK/KIDS FUN RUN

Race Purpose: This inaugural 5K race is kicking off Breast Cancer Awareness Month and benefits Friends In Pink. FriendsInPink.org for information on Friends In Pink
Follow Friends In Pink on Facebook and Twitter

Location: Run begins and ends at Gorgas Park 6300 Ridge Avenue, NW Corner of Gorgas Park,
Continue Southbound on Ridge Avenue to Osborn St;
Turnaround at Island and continue Northbound on Ridge Avenue:
End at 6300 Ridge Avenue (Northwest Corner of Gorgas Park)

Awards: Overall and Age Groups, Top 1-3 overall, top 1-3 in each age group,

Entry: *Ridge Run/Walk* $30 until 9/30/16. *Kids Fun Run* $10 a family kids under 12.
$5 additional charge Day of Run (note: online registration ends 11:59 PM 9/30/2016)

Amenities: Course description (including a map), t shirt, refreshments, water stations, prizes, etc.

Race Results: Race will be professionally timed by the Bryn Mawr Racing Co.; Results will be found at http://www.brynmawrracing.com

Questions: Contact: friendsinpink@mail.com and/or 215-430-1803

"By indicating your acceptance, you understand, agree, warrant and covenant as follows: I know that running is a potentially hazardous activity. I should not enter or run unless I am medically able & properly trained. I also know that there will be traffic, debris, poor footing and other hazards on the course and assume the risk for running on it. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the effects of the weather, the conditions of the roads and getting lost, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge the organizers of this event, all municipalities in which the all owners of properties through which the race crosses, the race committee, volunteers, Friends In Pink, Inc. the Bryn Mawr Racing/Running Co., all other organizations directly or indirectly associated with the race, any or all sponsors including their agents, employees, assigns or any-one acting on their behalf, or anyone else associated in any way with this race, from any or all claims or liability for death, personal injury or property damage of any kind or nature whatsoever arising out of, or in the course of, my participation in this event This waiver extends to all claims of every kind or nature whatsoever; foreseen or unforeseen, known or unknown.

Signature _____ If under 18, Parent Guardian Signature) Date _____

Name:

Email:

Address: _____City: _____ State: ___ Zip:____email_____
Gender: M F Age on Race Day: _____
Shirt Size: S M L XL Adult WALK_____RUN_____
KIDS FUN RUN___ (fill out for each sibling*) Shirt Size for Kids Fun Run S M L
Make check payable to "Friends In Pink" Mail payment with this form to:
Friends In Pink, P.O. Box 35082, Philadelphia, PA 19128
Or register online at http://www.brynmawrracing.com *waiver required for each sibling in Kids Fun Run