



**SEPTEMBER 24**  
*South Lyon HS Boys' Cross Country*

# Lead the Parade!

- **THE PUMPKINFEST RUN** will lead the Pumpkinfest Parade down Pontiac Trail along a route heavily lined with parade spectators to cheer you on. 55,000 people visit South Lyon for Pumpkinfest!
- **FREE** high quality shirt celebrating the running of the 2016 Pumpkinfest Run will be given to all athletes who register before Sept. 18. Others are based on remaining supply.
- **REFRESHMENTS!!!**  
Free cider, donuts, fruit, drinks & bagels provided to all runners after each of the races.
- **AWARDS!!!**  
Male and Female Age-Grouped Awards  
Three awards per Division.
- **PROCEEDS** from the Pumpkinfest Run support South Lyon High School Boys Cross Country

<b>5K Run (3.1 Miles)</b>	<b>Registration begins at 8 AM</b>	<b>Race begins at 9:55 AM</b>	<b>Pre-Registration by Sept. 18, 2016 \$25</b>	<b>After Sept. 18 And Race Day \$30</b>
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**Awards will be given to the Overall Male & Female and the Masters Male & Female.**

**Awards will also be three deep for each of the individual age brackets**

12 and Under	25-29	45-49	65-69	85+
13-15	30-34	50-54	70-74	
16-19	35-39	55-59	75-79	<b>Overall Male &amp; Female</b>
20-24	40-44	60-64	80-84	<b>Masters Male &amp; Female</b>

The Pumpkinfest Run starts and finishes at Millennium Middle School, South Lyon, MI 48178

Please park in the Pontiac Trail parking lot. The entrance is off of Pontiac Trail by Bigby Coffee. Please, No dogs.

Arrive early. The South Lyon Police will be closing Pontiac Trail before 9:30 to prepare for the parade. Traffic will be heavy.

## The Pumpkinfest 5K Run

**Run Begins 9:55 AM**

**Saturday, September 24, 2016**

Name: \_\_\_\_\_ (please print neatly) ☐ Male ☐ Female

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Age as of September 24, 2016 \_\_\_\_\_ Birthday including year \_\_\_\_\_

Phone \_\_\_\_\_ E-Mail \_\_\_\_\_

Unisex T-Shirt Size:

Sizes: ☐ Youth Small ☐ Youth Medium ☐ Small ☐ Medium ☐ Large ☐ X-Large ☐ XXL

In consideration of the foregoing, I, for myself, my heirs, my executors and administrators, waive and release any and all rights and claims for damages I have against South Lyon Community Schools, the City of South Lyon, and any and all sponsors and their representatives and successors, as a result of my participation in the 2016 Pumpkinfest Run. I attest and verify that I am physically fit and have sufficiently trained for the completion of the event and my medical condition has been verified by a licensed medical doctor. Any picture and times can be used for reporting and promoting. I understand that vehicles will be on the road during this run.

Signature \_\_\_\_\_

Parent signature (if under 18) \_\_\_\_\_

Date \_\_\_\_\_

**Mail your entry form and check payable to *South Lyon Track Boosters* to PO Box 17, South Lyon, MI 48178**  
**Registration link to Active.com is available at [www.slxc.com/pumpkinfestrun](http://www.slxc.com/pumpkinfestrun)**